



EMBASSY OF INDIA SCHOOL, MOSCOW

ШКОЛА ПРИ ПОСОЛЬСТВЕ ИНДИИ В МОСКВЕ



तत् त्वं पूषन् अपावृणु  
केन्द्रीय विद्यालय संगठन



SCHOOL MAGAZINE | ШКОЛЬНЫЙ ЖУРНАЛ

2017-2018



**Ashwin Upadhyay**

## School Captains



**Yukta Rose**

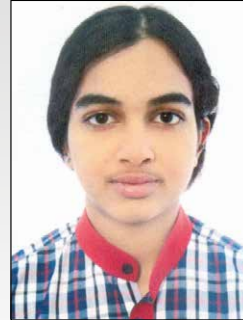
## School Toppers 2017-18



**Aparna Rai 94.8%  
Class X**



**Priyanka Das 90%  
Class XII (Com.)**



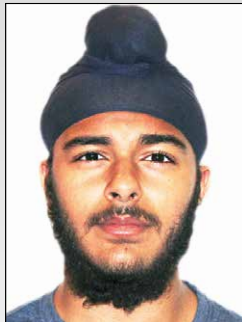
**Yukta Rose 96%  
Class XII (Sc.)**

## School Toppers 2016-17

*Class X: 10 CGPA Holders*



**Aditi Singh**



**Agamdeep Singh**



**Alisha Behera**



**Alok Prasad**



**Andrews Saju**



**Harshit Mohan**



**K. Chaitanya**



**Krishna Sinha**



**Pranav Hanumanthu**



**Sarthak Sharan**

## Class XII School Toppers



**Ishita Kapur  
(Sc.) 91.2%**

**Rohan Jethalia  
(Com.) 88.4%**





# EMBASSY OF INDIA SCHOOL, MOSCOW

## SCHOOL MAGAZINE



### CHIEF PATRON

HIS EXCELLENCY MR PANKAJ SARAN  
INDIAN AMBASSADOR TO RUSSIAN FEDERATION

### PATRON AND CHAIRMAN

MR G. BALASUBRAMANIAN  
DEPUTY CHIEF OF MISSION

### PRINCIPAL

MR. A.A ISRAEL  
(Chief Editor)

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Teacher of French

#### RUSSIAN SECTION:

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#### ART SECTION:

Mrs. Loretta, Art Teacher,  
&

**All Class Teachers.**

#### DESIGN & GRAPHICS:

U.P Binoy, PGT (Eng)



राजदूत  
AMBASSADOR  
ПОСОЛ



भारत का राजदूतावास, मॉस्को  
EMBASSY OF INDIA  
MOSCOW  
ПОСОЛЬСТВО ИНДИИ  
МОСКВА

July 5, 2018

### MESSAGE

I am happy to convey greetings to the Embassy of India School (KVS), Moscow family through its Annual School Magazine for 2017-18.

Established with the purpose of providing the Indian system of education to children of the Embassy's officials and other Indian nationals residing in Moscow, the School has now grown into a well recognized institution of academic excellence. Students from other countries are also showing interest in studying at the Indian School. I have personally seen in the past three years the achievements of the school both academically and in extra-curricular activities.

The purpose of education is not limited to teaching from text books but to impart knowledge and inculcate humanitarian values like wisdom, compassion, courage, humility, integrity and above all civic sense in a child. The School should set an example to provide holistic education, involving sports education and life-skills learning. I am pleased to note that the Embassy of India School is progressing towards excellence in all these fields.

I commend the Principal, Teachers and the Staff of the School who have helped the students perform admirably and extend my warm wishes to them as well as the students in their continuous journey towards achieving greater excellence.

  
(Pankaj Saran)



**G. BALASUBRAMANIAN  
DEPUTY CHIEF OF MISSION &  
CHAIRMAN, SCHOOL  
MANAGEMENT COMMITTEE**



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30 July, 2018



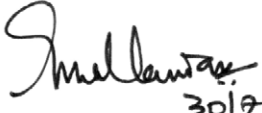
### **MESSAGE**

I am happy to note that the Embassy of India School, Moscow is bringing out this year's edition of the School Magazine which is a very good platform to express the views, thoughts and building creativity of the students.

I congratulate the School for continuously making a significant impact not only on the lives of so many students of Indian community living in Moscow, but also the students belonging to other nationalities. Education is the basic foundational pillar for human values, personal and professional growth. The focus of education should be on all-round development, balancing appropriately between academics, sports, social responsibilities, environmental awareness, strengthening moral fabric and inculcating empathy, courage, humility and discipline as core values.

As Chairman of the School Management Committee, I have been closely observing the functioning of the School and I am happy to note that it is moving in the right direction. For the past few years, the School has created an environment and ambience that fosters learning and opportunities to explore and grow through situations that challenge them to identify their strengths and reinforce them.

I take this opportunity to congratulate the Principal, Staff, Students and Parents for their strong sense of commitment, service and responsibility that has transformed this institution into an outstanding and significant temple of learning.

  
30/7/18  
(G. Balasubramanian)



संतोष कुमार मल्ल, भा.प्र.से.  
आयुक्त

Santosh Kumar Mall, I.A.S.  
Commissioner



तत् त्वं पूषन् अपावृणु  
केन्द्रीय विद्यालय संगठन

केन्द्रीय विद्यालय संगठन

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## संदेश



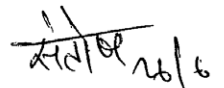
यह जानकार अत्यंत प्रसन्नता हो रही है कि केन्द्रीय विद्यालय, मॉस्को अपनी वार्षिक पत्रिका का प्रकाशन करने जा रहा है। विद्यालय पत्रिका के साथ जुड़ना एवं उसमें रचना प्रकाशित होना, सचमुच एक अदभुत अनुभव होता है। मैं आशा करता हूँ कि पत्रिका में विविधता के साथ मौलिकता पर भी बल दिया जाएगा ताकि एक ऐसा प्रकाशन तैयार हो, जिससे पाठकों को सुरुचिपूर्ण सामग्री प्राप्त हो सके।

आशा है कि संपादक मंडल द्वारा प्रकाशन से जुड़े विभिन्न पहलुओं जैसे- शोध, सामग्री चयन व डिजाइन आदि पर विशेष ध्यान दिया जाएगा और अंततः पाठकों के हाथ में एक रचनात्मक एवं त्रुटिहीन पत्रिका होगी। इस प्रकाशन को ई-पत्रिका के रूप में वर्षवार विद्यालय की वेबसाइट पर भी पाठकों के लिए उपलब्ध कराया जाए, इससे न केवल पत्रिका का ई-संकलन होगा, बल्कि यह वर्षों बाद भी सबके लिए उपलब्ध हो सकेगी।

पत्रिका के प्रकाशन से संबन्धित छात्रों, शिक्षकों एवं प्राचार्य को हार्दिक शुभकामनाएं।

  
प्राचार्य

केन्द्रीय विद्यालय, मॉस्को  
भारतीय राजदूतावास स्कूल (के. वि.)  
मॉस्को (रूस)



( संतोष कुमार मल्ल )

आयुक्त  
का. प्र. वि.

## FROM THE PRINCIPAL'S DESK



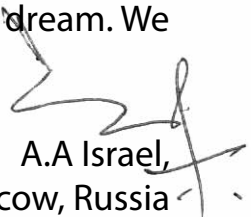
Education is a unique investment in the present for the future, with an aim to groom individuals into better people and develop them for different levels of economy, which is the ultimate guarantee of nation's self reliance.

Our motto "Spread the Light" is the heart of everything we do at school. We aim not to just impart knowledge to the students, but also to inculcate in them — wisdom, compassion and a humanitarian spirit. We have a multi-cultural/continental student population. We teach children the importance of tolerance and respecting each other's culture.

Besides rigorous scholastic programmes, we seek to develop and nurture the different facets of a child. The school encourages all students to participate in a variety of co-curricular activities from dance, art and music to a variety of sports to social work to environmental conservation activities. It is important for a child to explore; the aim is to nurture the child into a self-confident individual.

As a school we think about how to engage students and hold their attention. If a lesson is to be productive, how do we make sure the students actually absorb the topic? With this constant question in our mind we continuously upgrade our teaching tools and techniques as well as our academic programmes.

In this noble mission, parents are equally essential. This almanac acts as a bridge between your expectation, our efforts and the child's dream. We together can make a difference.



A.A Israel,

Principal, Embassy of India School Moscow, Russia

## Editor's Note

Dear all

"Petty done, the undone vast.....", and I am extremely delighted to greet you all with the pretty beautiful works of the students of Embassy of India School, Moscow. We have come out with the School Magazine for the academic year 2017-2018.



As for me, it was great joy reading through the variety of articles contributed by students, and it is all the more overwhelming to see that simplicity, clarity of thoughts, originality of content and variety of topics mark the quality of this magazine. When some expressed themselves in art, story, poem or riddles, some have voiced them out with travelogues, articles of social relevance, their care and concerns for society, women empowerment, food habits, technology, environment, present education system, socio-economic development etc. It is praiseworthy that some of the articles are research oriented and investigative as well.

You will feel it fulfilling to see and hear the multiple voices and perspectives of students, their independent thinking and their original and creative expressions, when you turn the pages of the magazine.

I am proud, as the editor, to say that this magazine stands testimony to the evolving minds and the widening consciousness of the children about their inner-scape, society and the environment.

On behalf of the teaching fraternity of the school, I take the privilege to appreciate all student contributors for their impressive works and encourage all the students to find their creative expressions in the magazines and publications of the school.

My gratitude is due for the Editorial Board, the school fraternity, parents and all well-wishers whose invisible hands together made it possible to bring this magazine out. What our children need to be creative and innovative is simple words of appreciation, and I am sure, you are good at it.

"Children need the freedom to appreciate the infinite resources of their words, their eyes and their ears, the resources of forms, materials, sounds and colours." Loris Malaguzzi. And I believe, this school magazine gave that freedom to our students.

Your valuable suggestions for scaling heights of quality are always welcome and your encouragement is our strength. "...Best is yet to be."

Best wishes.

U.P Binoy (Staff Editor)





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## Embassy of India School, Moscow

# ANNUAL REPORT 2017–2018

Today is a great day for the Embassy of India school, Moscow. When we celebrate the annual Day of the school, it coincides with the 30th anniversary of the inception of our school. And we are immensely privileged to have array of esteemed dignitaries and an amazing audience with us.

Today, we are extremely honoured with the inspiring presence of our patron and His Excellency Mr. Pankaj Saran, the Honorable Ambassador of India to the Russian federation, as the chief guest on this commemorative occasion and celebrations of the Embassy of India School. On behalf of each and every one of the school fraternity, may I extend a warm welcome to you sir.

We believe that leadership is not position, but action and with the great leadership, the unprecedented support and the judicious involvement of Mr. G Balasubramanian, the Chairman of the school and the Deputy Chief of Mission, we have crossed very many miles stones. May I extend a wholehearted welcome to you sir. Hearty welcome to the SMC members, guests and all the other dignitaries from all the embassies to this celebration. Warm greetings and a hearty welcome to the parent community, all the stake holders, well wishers, alumni, EOIS staff, students and the august audience in front of me

“Quality is everybody’s responsibility”.. Upholding this idea, waking it into reality, EOIS, team is on the focused path of hard work and has achieved tremendous success in pursuit of excellence. When it completes its 30 royal years of committed service and excellence, as the principal of the school, I feel proud to present a short report about the school and its achievements in the academic year 2017–2018

From its humble beginning in 1987, today, the Embassy of India school stands high in the scale of quality education and student-empowerment. Needless to say, or very much worthy to remember that every step of the success of the story reiterates the extreme hard work, sacrifice, enviable contributions, the illustrious leadership of the Hon. Ambassador, Chairman, School management, Embassy of India, Kendriya Vidyalaya Sangathan, all the devoted principals, teachers & staff members whose teamwork steered the school through, the judicious involvement and cooperation of the parent community over the three decades, the well-wishers, the student community and the numerous good souls directly or indirectly contributed vehemently for the accomplishments of EOIS as we see today. I take this opportunity to register our deep gratitude, love and respect for all of them and request them to extend their relentless support in the days to come too, to augment the school to further heights.

As we take stock of our accomplishments, as the leader of this school community, i feel proud to say that the great teamwork of the teachers, students, parents and the management has paid huge dividend and we could work out our plans in the expected level and beyond.

May I request a few minutes to document the highlight of the achievements of the school during this academic year.

At present the school has a population of 360 students in 14 section from Class I to XII and with 41 staff members including 18 teachers from Kendriya Vidyalaya Sangathan, New Delhi. 13 teachers joined in the month of April 2017 for their tenure of 3 years. I took charge of the school on



24th April 2017 and I am very happy and proud to lead such a team of dedicated staff. We work as a highly productive team to materialize the vision of the school and fulfill the expectations of the management and all the stake holders.

### **Academic Achievements**

The academic year 2016–2017 and 2017–2018 brought remarkable results to the school in both Class X & XII CBSE examinations. When the result of class X was quality 100% with 10 out of 22 students bagging 10 CGPA (the highest score), 18 students appeared in Class XII Board examination to peg the overall result to 94.4% where one student had been compartmental in only one subject. Ishita Kumar stood first in the Science stream with an aggregate of 91.2% and Rohan Jethalia scored 88.4% in Commerce stream.

The academic year 2017–2018 marked the heights of academic achievements with 100% quality results in both Class X & XII. When Aparna Rai became the school topper in Class X with

94.8%, Yuka Rose of Class XII created history by scoring the all time high of 96% in Science and Priyaka Das scoring 90% in Commerce.

I take this opportunity to reiterate and promise you that we will raise our benchmark year after year and will maintain the legacy of 100% results while steadily improving quality in all the classes from classes I to XII

### **Co-curricular Activities**

Co-curricular activities in EOIS are the training ground for developing cooperation, collaboration, and all round development of students' personality by drawing out and enhancing the best potentialities in them. These activities are conducted from April to February of every academic year during

CCA periods among 3 houses, separately for primary and secondary section. Winners are awarded with prizes and certificates and opportunity to every child is ensured for drawing out their best talents through these activities.

### **Sports & Games**

EOIS is taking great interest in culturing the students through planned sports and games activities. The activities include events such as physical exercises, yoga, aerobics, track and field events, athletics and many games such as, Football, Chess, Table Tennis, Badminton etc. All the possibilities within the available ambience are exploited for the benefit of the students. Inter-class and inter-school competitions are also being held and the students are given opportunities and permissions to participate in competitions conducted by outside agencies and organizations. EOIS students bring numerous laurels to the school marking their large space in the map of sports and games in Moscow. The school football teams participated in 7 intr school/state/national competitions and won prizes. Ishita Kapur of class VIII represented KVS Delhi region in KVS National Sports in Ice Skating. She represented India in the international events too. This year's sports competitions culminated in the Annual Sports Day conducted at the PFU stadium on 19th August 2017.

### **Morning Assembly**

The class-wise assembly programme inculcates values of patriotism, cooperation, unity, inclusiveness, togetherness, teamwork etc. It is a great platform for students to improve confidence, leadership skills and teamwork. The mentoring and monitoring by the class teachers and the teaching community adds much to the personality development of the students. Its obligatory



for all students to participate in the assembly programme in different roles. As this school is catering to the educational needs of over 9 nationalities, the socio-emotional atmosphere of the school is global, promoting strong cross-cultural understanding. The celebration of various festivals and the observance of various days of importance help the children imbibe such qualities for world citizenship.

### **Club Activities**

The 8 clubs viz ICT club, Science club, Literary and Readers club, Math club, Music club, Arts club, Social science club etc. in the school are strong platforms for students to develop creativity, critical, creative thinking, innovation and experimentation, socio-emotional, cognitive, interpersonal skills which will help the students in a big way in their future. They undertake various activities, projects and exhibitions under club activities.

### **Investiture Ceremony**

School is a fertile ground for leadership training and EOIS exploits this opportunity maximum through the activities of the School Council with 74 office bearers who took oath in front of Mr. G Balasubramanian, Chairman of the school, in the well — executed investiture ceremony on 27th July 2017. The student council members actively involved and contributed in the day to day affairs and the smooth functioning of the school through participation, sharing and collective decision making. The values of democracy in its working form is being inculcated in the students through the school council. This year's Students' council was headed by the school captains Master. Ashwin Upadhyay & Ms. Yukta Rose from Class XII.

### **Celebration of Important days**

The students also actively participated in the celebration of other important days like

Independence Day, Teacher's Day, Gandhi Jayanthi, Children's Day, Republic Day, Cultural days like Diwali, Onam, Vijayadashami, Christmas, International Mother tongue day etc. Children also participated in large number in various competitions and cultural shows conducted by embassy such as Summer Bazaar, by Hindustani Samaj, Amma, Overseas Bihar Association, India Day and programmes by other Indian communities and associations in Moscow. These occasions familiarize the students towards India's cultural diversity and help develop the over-riding identity of 'Indianness' in them.

### **Celebration Hindi Pakhwada**

As per our schedule 'September Month' was celebrated as Hindi Month (Hindi Maah). All the activities pertaining to the Morning Assembly were conducted in Hindi during this month. Class-wise and house wise competitions for primary and secondary were held separately and the winners and participants were awarded with prizes and certificates. The promotion of Hindi in letter and spirit is being undertaken in the school.

### **Exhibitions and Olympiads**

Organization of Science, Mathematics and Social Science Exhibitions is a vital component of curricular integration in our system. The school conducts the project oriented exhibitions from October to January every year.

Yukta Rose of Class XII won third prize in the Intellect Olympiad at Lomonosovsky School, Moscow. Every student is motivated to participate in various Olympiads conducted by the reputed International agencies. The Silver Zone Olympiad for Computer Science, Maths, Science, English and Social Science from classes 1 to XII had the any time high participation from the school with 490 registrations. Many students have won Gold,



Silver and Browns Medals at various levels of the competitions.

### **School Magazine & Publications**

The school magazine stands a big chance for students to develop their creative potentials, as the purpose of its publication is to voice the plethora of hidden talents in children. The previous year's magazine was published in March 2017

The interactive school website and blogs have undergone revolutionary changes in the user friendliness and accession of information that these are accessed by parents, students and learning community alike in great numbers. EOIS uses these platforms to inform, educate, and inspire the students, parents and stakeholders on various areas of socio-cultural and educational importance and concerns.

**Guidance and Counseling,** Value talks are given by students and staff in the assembly. An Interactive Lecture on Time Management was conducted in the school for Students of Classes IX–XII. 25 students of Classes XI & XII participated in the International University Fair Conducted in the Grand Marriot Hotel on 29th September 2017. Lecture on study habits, study skills and presentation skills as an orientation for facing board examination was also conducted for class XII, integrated with classroom teaching.

### **Cultural Exchange:**

- The cultural exchange programme with other local school in Moscow is a rich activity with reference to the processes and product in terms of strong cultural exchange and cross cultural understanding among the younger generation. EOIS conducted a day such a significant event with Lyceum school, Yesanova on 6th December 2017 where in 30 students and 5 teachers in EOIS. It was one of the best in its kind

which helped develop deep cultural ties and understanding among the students, staff and community of both the schools.

- In April, Seven Students of the school visited the Lemonosovsky school, participated in the Inter-national Olympiad and Ms. Prishita Singh of Class VII won the competition and was awarded with a TV as prize.

- Developing Indianness: 51 students of the school participated in the Bharatiya Sanskriti Gyanparisksha conducted by the Dev Snskriti Viswa Vidyalay, Haridwar and got the chance to learn about India's Culture and the heroic past

### **Fruit Festival and Community Lunch:**

First of its kind, EOIS conducted an elaborate Fruit festival in the primary section on 27th October 2017, which turned out to be a very novel idea of educating the students about the importance of various fruits and the need for including them in their diet to live healthy.

The mass community lunch conducted in the school for primary section turned out to be a huge innovative idea where the diversity in eating habits of the world was brought under one umbrella. It helped the school community to get familiarized with the varieties of indigenous cuisines of all states of India and of some other countries.

### **Visits by Eminent Personalities**

Mr. Rajeev Kumar Srivastava, Princial Secretary from the Election Commission of India and Mr. Chandra Bhushan Kumar, Chief Electoral Officer, New Delhi visited the school on 22nd September, interacted with the students and educated them about the electoral processes in India, which turned out to be a very effective extended learning for the students.

### **Excursions**

Field trips as the fertile experimental learning activities are being conducted every



year from Classes I to XII. This year the students visited places of historic, social, scientific and natural importance, located in and around Moscow in April and May and enhanced their first-hand learning experiences. Following the visits they would make presentations in the assembly on their experiences and learning in the trip.

### **Alumni Achievers**

I would like to place on record that many of our students have gained admission in reputed NIT`s and BIT`s, SYMBIOSIS and prestigious colleges both in India, Moscow and other countries. Every year many students get their choicest universities both in India and abroad for their higher studies.

### **Teacher Achievers**

KVS is keen in promoting innovation, creativity and ensures professional development. As a part of recognition of teachers' contribution and meritorious service in the field of education. Mrs. Hemalatha, TGT (English), Mr. Jagvir Singh, TGT (S. Sci.) and Mr. Kumar Vinayak, PRT of EOIS were conferred with KVS Regional Incentive Award 2017-'18.

### **Cleanliness Drive**

As a part of the cleanliness drive and to create a sense of eco-friendliness, the school has taken up a waste management and recycling project with the initiative of Mr. Antony, Lab Attendant. The Waste of the school are segregated and managed in an eco-friendly manner. The students and the school communities were educated about it and proper waste disposal and management system is in place now.

### **SMC Meetings and PTM`s**

The School management committee headed by DCM, EOI Moscow is the body which governs the administration of the school. The School management committee meet on reg-

ular basis to discuss the strategies and plans to improve the school in all aspects of its functioning. Parent-teacher meet is held regularly to monitor the progress and strengthen the child in need areas of learning and education. Extra classes are being organized during and after school hours, summer and winter vacations for the students of classes X & XII and extra classes are being conducted for other classes from VI \_ XI as per need.

### **Infrastructural Development: Smart Class**

To promote technology based learning, efforts are on to make every class a smart class. During this academic year 5 smart boards have been installed in various classes and it is being processed for the procurement of additional technology as well.

### **Conclusion**

The academic year 2017-18 marked a good beginning for EOIS and with the cooperation and support of all, I assure you that we will put our best efforts to strengthen, develop and empower our children in knowledge, skills and attitude with strong sense of Indianness and cross cultural understanding to be world citizen promoting international peace.

On this auspicious occasion of commemorating the 30th Anniversary of the school, as the head of the institution, on behalf of my teachers, staff and students, may I assure you all our committed service and undiluted loyalty to enhance quality education in the school. With deep gratitude, May I request you all to strengthen our hands further with your unconditional support, guidance and cooperation in our mission to take EOIS to enviable heights. Very hearty welcome to each and everyone, ONCE AGAIN to this annual day celebrations. Please Enjoy the evening with our children and encourage them wholeheartedly. May God Bless you all.

## English Section

# Life is Easy: Believe in Yourself

Life is never complicated; we make it so. We should not even forget the fact that we have to fight through some bad days to earn the best days of life. Life is really simple., but we insist on making it complicated. You should learn to be happy in what you get. Suppose, you wanted to get something rare and when you got it at last, you should be happy about what life has given you instead of stretching onto a series of other demands. It does not mean that you should not have aspirations and dream big. You should do that that work hard to achieve it because it will never be yours if you do not genuinely strive and effort for it. The point is that if you are not happy for what you have, you will never be happy about what you will have in the future also. So everything depends upon our mindset and how we look at life. Never take life for granted, it will test you from all its angles, either to teach you a lesson or to make you what you should be. It will test you over and over again until and unless you get that quality in you. But, try to learn from all these tests and try to analyze what you missed, what opportunities you have, your strength, your weaknesses etc. You will come to know all these when you introspect and analyze your deeds and actions objectively. You can never understand the world until and unless you understand yourself because the world lies in you. Your sorrows begins in you. No other person can make you happy as much as you can. You are the victim of your own actions. You should feel thankful for what you are and what you have, for which you have not even asked for. Be your own friend, you



cant believe or depend upon anybody else to get through your life cycle. Live with the strong understanding that there will be no one in your darker days, even your shadow will leave you in darkness. You have to help yourself. You have to fight yourself and achieve happiness from within. Be self-dependent. You came alone in this world and you will go alone. There will be no one to accompany you. You are your companion. You have to get through all your problems alone and all these will be possible once you analyze yourself and understand what is right and what is wrong for you.

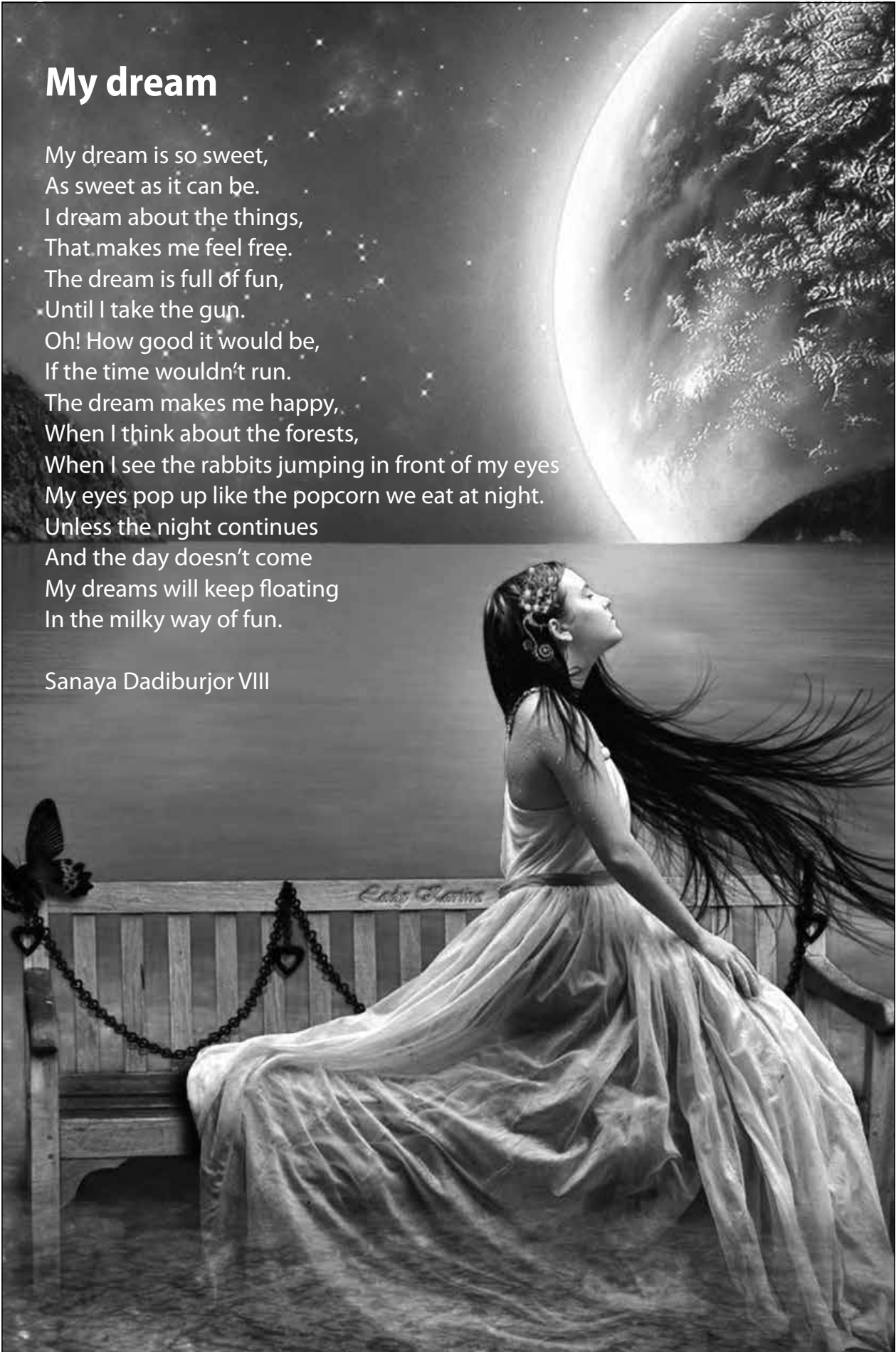
Life will always be easy, but don't complicate it. Stay happy and work hard for what you want to become and be confident in what you are doing. At the end, you will get what you deserve, for sure. Believe in Yourself is the *only* key to success and happiness.

Simranjeet Kaur IX

## My dream

My dream is so sweet,  
As sweet as it can be.  
I dream about the things,  
That makes me feel free.  
The dream is full of fun,  
Until I take the gun.  
Oh! How good it would be,  
If the time wouldn't run.  
The dream makes me happy,  
When I think about the forests,  
When I see the rabbits jumping in front of my eyes  
My eyes pop up like the popcorn we eat at night.  
Unless the night continues  
And the day doesn't come  
My dreams will keep floating  
In the milky way of fun.

Sanaya Dadiburjor VIII

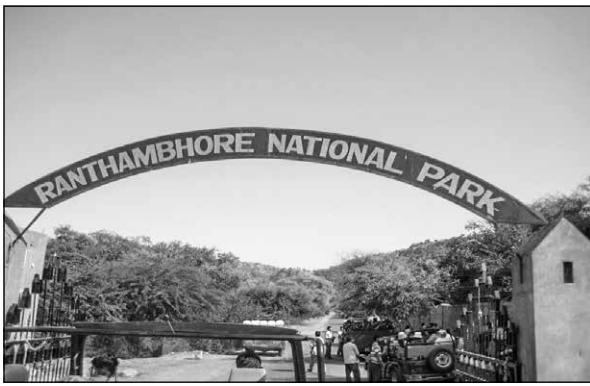




## The Trip That Changed My life

Piyush Patel VI

I must confess at the very beginning, that I am an avid traveler. Thanks to my parents' frequent postings abroad, I have been blessed enough to visit many exotic and beautiful places. However, one particular adventure stands out like the sheet of flame in my memory.



This winter vacation, while watching news, we were pleasantly surprised and happy to hear that tiger population had drastically increased. My mother and father thought there would be no better time to visit a natural park. In four days' time, we six trooped into two Innovas with our luggage and bound for Ranthambore National Park. This park held us excited as we boarded the flight. Barely fifty five minutes later we landed in Jaipur. We boarded two more Innovas and made our way through farmlands and open country sides. Travelling 180 kilometres and three hours later we reached our resort. Exhausted, but elated we fell asleep.

The next morning, we explored our resort. It was a welcome Heritage Forest Resort and it was superb in its location and ambience. Apart from the extensive amenities, we had rides to the resort in front of our doorsteps. We had beautiful villa type cottages draped with blooming flowers.

We had in-built restaurant to cater to our ravenous appetites (my grandma loved the tea!). To top it up, a cultural programme was arranged every night. Sipping tea and listening to the classical Manganiyori music was hilariously memorable. Lush lawns, sports grounds and two heated swimming pools completed the outfit. Honestly, it was better to be in the resort than in the natural park.

Next day, we were pumped up to go to the park. We boarded a 20 seater Canter bus and we were off! The bus clambered over the arid rambling landscape effortlessly. We could spot some very rare Indian vultures. When we reached a rest-stop, we took a lot of snaps. A flock of bright yellow birds chattered away noisily overhead while we took some brilliant close-ups. We came almost at a hand's distance of a flock of sambar deer. I became a narrator of my own short documentary film!! It was amazing. That very morning, the tiger T 19 or Krishna (daughter of the world famous tigress Machli) was spotted with her three 3 month old cubs. We went to the same spot, switched off the engine and waited. After 15 painstaking, nerve-racking and eerily quiet minutes, we heard a roar. What a roar it was! It sent shivers down my spine.



We rushed to the spot near a large colony of langur monkeys.

A huge congregation of vehicles met us there. How long we waited there, I don't know; but we pulled ourselves out around 6 o'clock empty-handed.

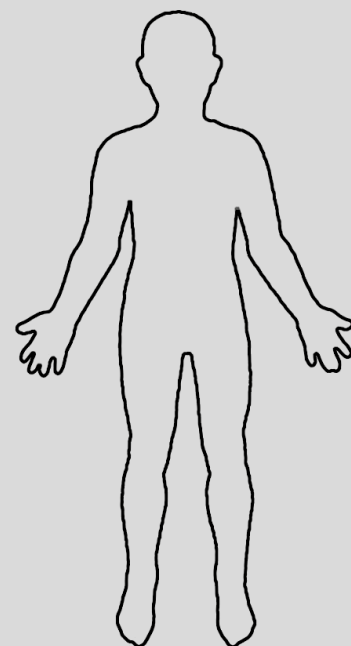
Next, we explored the cavernous, rocky and beautiful Ranthambore Fort. As we climbed the steep steps, we were given a history lesson about the different Kings and Queens of the fort. The view from up there was spectacular. We could see the Rajbagh Lake, Padam Talao and other scenic places. It was also slightly frightening to think that we were still in tiger territory and could be attacked at any time. Tourists and merchants traversed the place almost making you think that you were in the olden times. We could walk up to the quite wild langur monkeys and take very intimate photos

with them. We had brought roasted chana (gram seeds) and held them in our hands out. In flashes, the monkeys grabbed the grains away from our hands, like pranky kids. We visited the famous temple too.

This nature trip was life-changing for me as it brought about in me a keen love and interest in nature. The tranquility of nature made us all feel much wiser and calmer. Only when I sat down and recollected my memories, I understood the situation of nature., its beauty, strength and fragility and how its thin thread of support lies in us and in our protective attitude towards nature. We are responsible for our actions and their consequences. To conclude, let me quote Mahatma Gandhi in his vision on our mother Earth: " Earth provides enough for every man's need, but not his greed."

## Amazing Facts about Human Body

- Human nose can recognize about 50000 different smells.
- Our eye ball weigh about 28 grams.
- It is impossible to sneeze with open eyes.
- All babies are colour blind at birth, they are only black and white.
- The total length of all the nerves in our body is 75 kilometers.
- Everybody has a strong and weak eye.
- Stomach acid can dissolve even metals.
- A new born babe can breath and swallow at the same time up to seven months.
- You will lose 50% of your hand strength without your little finger.
- Our body has 5-6.8 litres of blood.



Ayushi Ray, VI

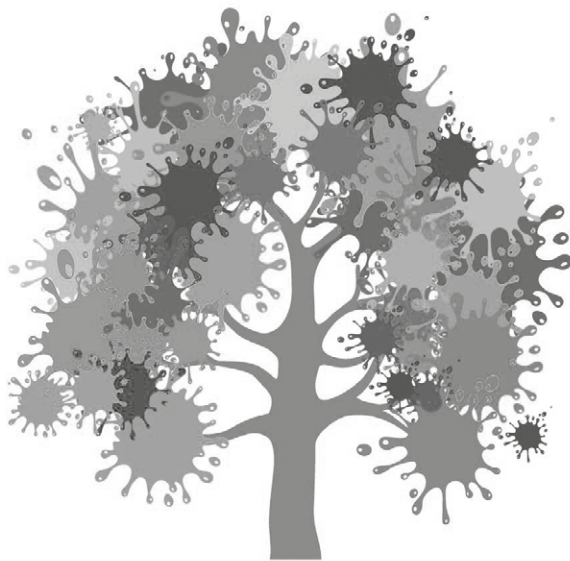
## If I could fly

Anukshka Tripathy VI

Hands spreading in the air,  
 Legs stuck together, that's so very rare,  
 Crying out loud to the world, "I can fly".  
 Trying to make it reach till their ears  
 And I continue try.  
 I would try to faster than a jet, but in vain,  
 This is what would always rain.  
 "I cant go faster than a jet or seagull."  
 That could happen if I were an eagle.  
 If God could make this wish come true,  
 Then, why cant he make me faster on the blue?  
 After all, that thinking I would think again.  
 O, God, I know it well I can't fly at all.  
 It was my nightmare after all!!



## My Holi tree



HAPPY  
 HOLI

I love colours,  
 So, I love Holi,  
 I see colours in trees,  
 Green, Yellow, Red, Orange and,  
 Many more colourful leaves.  
 I like to play Holi with,  
 Like anything and everything,  
 It makes me feel merry.  
 Colours tickle me,  
 Quickly I start painting.  
 I like to play Holi with my  
 Holi Tree Every Season...

Saanvi Parin, Class 1

## Snow in Moscow

When I look out of the window  
It is snow, snow, snow.  
White carpet all around,  
It is winter in Moscow.

Moscow river is also frozen  
There is no water flow.  
When I come back from school  
I have to walk very slow.

We made a snow-man in the park  
And we played snow throw,  
I so much love this snow  
I so much love Moscow.

Nishka Sharma Class-1



## Tree's life



I am a tree.  
In the summer  
I like to play  
With my friends  
Who are leaves.  
In the autumn,  
My friends start to  
catch cold and die.  
In the winter,  
I am all alone  
Covered by snow.  
In the spring,  
I get new friends  
To play with me.

Zariff Afnan Rajjo class II

## Discipline is the Key to Enjoyment



**Discipline is a seed, when sown, gives fruit of happiness and pleasure.** It is rightly said that discipline works as an important element in one's life. It is an important virtue of life. Life without discipline is a like a ship without a rudder. Discipline in itself is a code that regulates other codes of conduct. Discipline implies to respect physical and moral laws in our society. With the essence of discipline, one can achieve his goals in life. We should live with self-respect and lead a life which will, someday, become an epitome of inspiration for others. Discipline is very essential in every walk of life. It brings out a Real You if you follow the rules. It helps a man to be his purest soul. People: your family, friends, relatives, teachers and all who see your disciplined efforts will respect you, as you grow. By leading a disciplined life, you can influence others for every good and right thing you do, influence the lives of those who are watching and can have a ripple effect on future generations.



Nature too teaches us the value of discipline in its own unique ways. The earth revolves around the sun in a disciplined manner. As a result, night and day occur after every twelve hours. We experience the cycle of seasons of the earth. Our physical existence is possible only due to our presence in external nature.

Nowadays, children don't realize that discipline can make their life joyful and prosperous. They take it as a burden and feel that it can't fetch them anything except exasperation. But this is not true. Disciplined students are the pillars of the nation and with their strength of character, they can lift a nation to the great height of progress.

Discipline promotes self-esteem and confidence and consequently, leads to happiness and satisfaction. And of course, when satisfaction and happiness make an entry in a man's, life, he enjoys almost everything what he dreams in heaven. Becoming disciplined person will likely be the hardest thing you do; but it can slowly become the most rewarding thing. . All successes in every part of your life are built on the foundation of discipline. Let's live the saying: "Self-discipline is the best discipline."

Hritika Kumari, VII



"Talk about punishment. Last night I wasn't allowed to use my laptop and phone while watching TV."

## Mother

From the day I was born,  
 You encouraged me to do my best perform.  
 Your heart is as golden as gold,  
 You support me to become bold.  
 The way you always make me smile,  
 I would like to go with your never ending smile.  
 I know you love me to care,  
 I never forget the way you put your hands  
 on my hair.

Prashanna Amatya class II



My dad is so cute,  
 He loves me so much.  
 My dad is so nice,  
 He cares for me so much.  
 My dad works so hard,  
 He gives me toys.

## My Dad

My dad is so cool,  
 He is the real hero for me.  
 My dad loves me so much,  
 He is the best father for me  
 In the whole world.

Trisha Bajpai class II

## The Scary Moment

I like to spend my time on holidays with my family.

We go to different places on holidays like Delhi, Greece, Goa Mauritius and to my grandmother's house. Today I will tell you one of my scariest holiday moments.

Last summer I went to Goa. I was swimming and playing in the sand and waves.

Then suddenly came a very big wave. The wave was growing and growing. My sister and my mother did not notice it. Boom! It went on us. I lost my cap, and my mother lost her glasses.

I was happy when my mother and sister helped me out of the water. A kind lady, later



got my cap back. But my mother didn't get her glasses back. But, she was happy that nobody got hurt. From then on, I was always scared of the sea. I will never forget the day.

Reyna Singh class II

## An amazing experience — Tank Biathlon competition



Last year, along with my parents, I went to the Alabino Ranges which is at the outskirts of Moscow. We went there to see the Tank Biathlon Competition which is a part of the International Army Games. This event takes place every year. This was the third year our country, India participated.

20 tank crew members comprising of officers and soldiers came from India for this competition. 18 teams around the world including India, participated in the event. There were many types of tankers, helicopters and military vehicles exhibited. There were some stalls from the House of Friendship who had displayed their traditional items.

The competition started at sharp 12 o'clock between Venezuela, India and Russia. Each team had to make 2 ½ rounds which included shooting the target 3 times from the tank, by the main gun, from the helicopter and also crossing other obstacles like in water and jumping the hill.

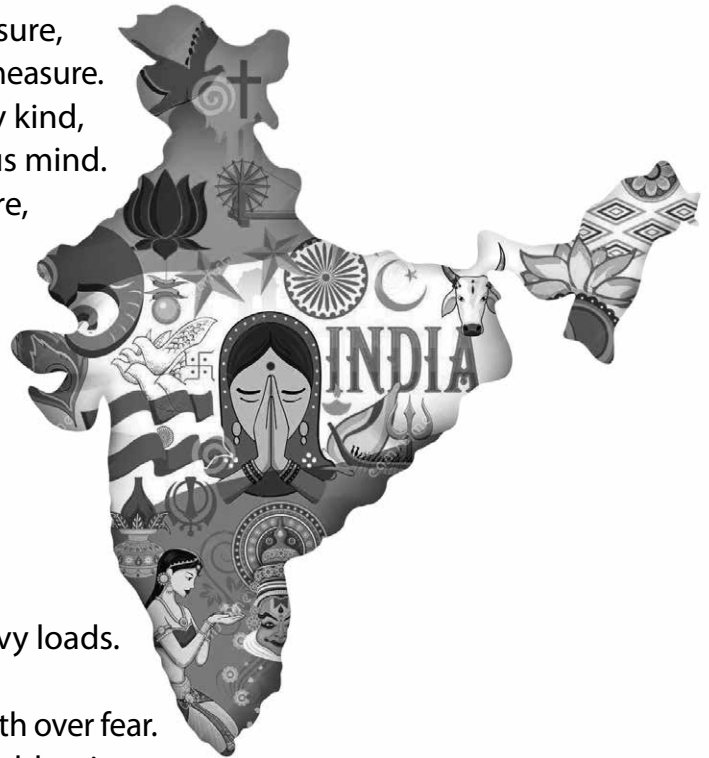
It was an amazing experience. We were lucky to sit with our Indian soldiers on the stand. It was exciting to see our Indian team participate in Russia. We stood second during this round. Our Indian team has made it to the semifinals.

It was one of the most amazing experience in my life. I hope I can enjoy many more such experiences in my life. "JAI HIND"

Fiana Dadiburjor, 7

## My country – India

The country in which you have all kinds of pleasure,  
 The country in which each religion has an equal measure.  
 The country in which there are seasons of every kind,  
 The country in which every student has a genius mind.  
 You can see greenery in farms from here to there,  
 Wonderful things you can buy in a fair.  
 In rural areas, facilities are less,  
 In the name of religion some people fight  
 and make a mess.  
 Sometimes boys are treated superior to girls,  
 But in reality girls are precious pearls.  
 You have an opportunity to take a horse ride,  
 While looking at flowers bloom on the side.  
 Though garbage lies on the corners of roads,  
 You will see people on their backs carrying heavy loads.  
 You can enjoy wonderful festivals here,  
 Each festival reflects a story about showing strength over fear.  
 Coming here once will make your most memorable trip,  
 You will be longing to come back after seeing here's photos  
 stored in a chip!



Prishita Singh Class 7

## Winter season



Every child has a winter plan,  
 To make a jolly, white snowman.  
 The winter season just begun,  
 But all the children are in for fun.  
 All the children just can't wait,  
 To run, to jump, to slide and skate!  
 A student is sitting in class all bored,  
 Thinking about his new snowboard,  
 While all said by the teacher is ignored.

Shayli Singh VII



## Concentration: the key to success



What is concentration? It is the ability to focus on a single object or subject. On every level of mental activity, it is CONCENTRATION that is the key to success. For example, if a student concentrates during studies he/she will not have any problem in facing any test or exam. If a student studies for 1 hour or even half an hour with full concentration on the subject, it will be more than studying for five or six hours. Concentration increases our interest

in the subject, It does not only help us to learn the particular topic, but also makes us understand the topic. Not only in studies, but in offices or even in games, if you concentrate on your work you will always succeed. When you concentrate on the right thing, you will stay calm, which will help you a lot to gain success in the state on concentration; your mind is not aware of any external things going around you and helps you focus on your work. When we concentrate, all the cosmic power from the universe starts coming upon us, it also clears all our doubts or confusion. Concentrate by listening- when you are speaking, you must concentrate on your own words. The more you concentrate, the less you make mistakes. You must give 100% to your work, people try to do 2-3 works at a time which is very wrong. Concentration, on one work will lead you to perfection and admiration from others.

### HOW TO INCREASE OUR CONCENTRATION LEVEL?

1. Meditation — It is the most helpful thing to increase our concentration level.
2. Getting good amount of sleep every day.
3. Doing physical exercises every day, specially YOGA
4. Focus on one task at a time, rather than trying to multitask.
5. Do the things that make you happy.

Concentration helps you know about yourself, your passion, likes, dislikes etc. CONCENTRATION gives you self confidence. Concentration gives you the power to de-

fine your future, Clears vision, Good memory, mind relaxation and wisdom. That is why, **concentration is the key to success.**

Arnav kumar VII

## Riddles

1. More you take, more you leave ?
2. Which fish cannot swim?
3. Where does Thursday come after Friday?
4. Which bank has no money?
5. What is the word that everybody says wrong?
6. What are the two things people don't have before breakfast?
7. What comes once in a minute twice in a moment and never in thousand years?

Sapna Kumari class 4

## Increasing Obesity in Children: Serious Threat

Children across the globe are under the serious threat of Obesity. Have you ever tried seriously to understand it? Are you overweight? When do we say that one is overweight? It is the state of having more body fat than is optimally healthy, or we can say that the body mass exceeding the normal body weight for one's height, age and build.

The latest research has shown that the number of overweight children in developed countries is increasing, hence the problem is global. It is one of the most serious health challenges of the 21st century. The prevalence has increased at an alarming rate. Not that we do not know what is overweight, but we also should have the desire to know the causes and how to live healthy.

There are a number of causes and factors which lead to obesity and there are many ways where in, this problem can be brought under complete control.

It is widely accepted that overweight among children is from imbalance between dietary intake and expenditure. The risk factors of overweight include factors like dietary intake, physical activities, and sed-



entary behavior or life style. It is said that there are some more vital factors which have direct link with the phenomenon. Of course, generally people hold responsibility of the health hazard to technology such as computer games, mobile phones and internet. Over use of these media would surely contribute to some sort of addiction. As a result, children of today are no more interested in sports & games or any other physical activities burning calories. For example, children between the age



group of 10 to 16 favour playing soccer on computer screen than playing it out doors. Therefore, it would be wise of parents to have efficient control on their children who are using excessive technology.

On the other side, fast food is easily taking the place of main meals which intensively leads to overweight among children. Food served at fast food centres contain high amount of calories and very less nutritional value. Sugary drinks that people drink along with junk food is also a contributory factor for obesity. These drinks are more filling than food and can be consumed quicker, which leads to high calorie intake. Working parents who have a busy schedule often order takeaways

and go to fast food outlets which is also responsible for the problem.

Overweight among children leads to many health problems. These children are more likely to suffer from chronic diseases which are life threatening. In addition, these children can be tortured at school by peers which can also affect their mental and emotional health. It may lead to stress, anxiety and insomnia.

We can surely get over this problem. Parents have to guide their children to make the best choice. If parents enforce a healthier life style at home, it will spill over the other aspects of healthy life. Society must ensure that steps are taken to prevent this problem from deteriorating further. And of course, parental guidance is more important even though often children are not happy with such control over their junk eating habits and sedentary life style. Clear understanding about the dire consequences of their bad health habits will definitely make the children turn themselves to the guidance of the parents, teachers and the society. So let us strive together to control the obesity in children and help the growth of healthy citizens of the country and the world.

Kanak Sanghvi 6

## My Christmas weekend

On December 23 rd, I with my friends and family went to the Moscow Kremlin. It was all lighted up. We took a ride on the Merry go round, cup round and danced to the Russian music. We also saw many children ice- skating in the skating ring.

On December 24, we went to Talk of the Town restaurant to celebrate Christmas Eve. We had dinner and played games and sang Christmas Carols. I met Santa Claus and Santa gave me chocolates.

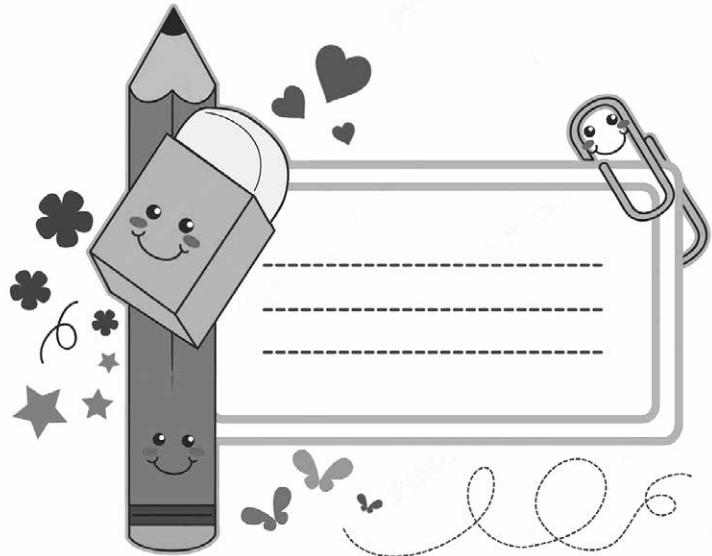
Next day, we made a Christmas tree and decorated it with lights. In the evening, we went to watch special screening of new Hindi film Tiger Zinda Hai. We had lots of fun on this Christmas

Kashvi Sharma class 2

## Everybody has a Name

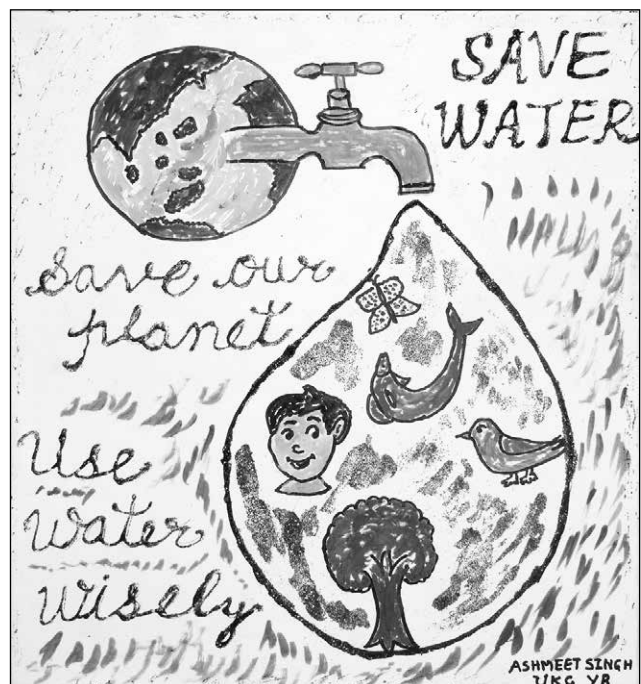
Everybody has a name.  
 Everybody has a name.  
 Some are different,  
 Some are same,  
 Some are short,  
 Some are long,  
 Some are long.  
 All are right,  
 none are wrong.  
 My name is Hriman.  
 its special to me.  
 It's exactly who  
 I want to be.

Hriman Sharma, Class II



## 12 Slogans on topic 'Save Water'

01. Save water, Save life.
02. Don't let life slip into the drain.
03. It takes a lot of blue to stay green.
04. Slow the flow. Save H<sub>2</sub>O.
05. Water is a substance of life, Treasure it.
06. We forget that the Water cycle and Life cycle are one.
07. Water is a priceless treasure, Save it with pleasure.
08. The world walks for water and sanitation.
09. A drop of water is worth more than a sack of gold to a thirsty Man.
10. Do your share to care water
11. There is magic on this planet and it is in water
12. Water, water everywhere, try to save it if you can.



Amit Chopra VII

## My lovely house



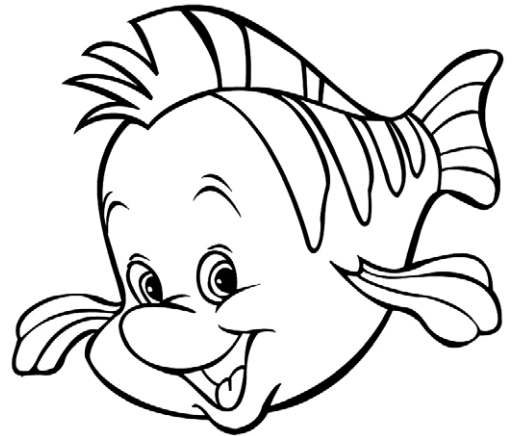
I have a lovely little house.  
I love my house  
Though it is small.  
I keep my house neat and clean,  
I have my study table  
And my play room.  
My house is my best friend  
When my parents are out.

Rohit Shatani, class II

## My pet fish

My pet fish is my best friend,  
He is a fighter fish,  
A bettagram.  
His name is Goldy,  
He is red in Color,  
He lives in a small aquarium,  
There are trees in the aquarium,  
Colourful stones, shells and marble.  
I love my fish.

Ismat Akter Class 1



## Role of Prime Minister in the Development of a Country



A Prime Minister is the head of a Cabinet and the leader of the ministers in the Executive often in the parliamentary or semi-presidential form of political system. Basically, a prime minister is the official who is appointed to manage the Civil Service and execute the directives of the head of state. As well as being head of the Government, a prime minister may have other roles or posts. There are many factors that play important roles in the development of any country and the role of the prime minister is the supreme.

As the present prime minister of India, Mr. Narendra Modi has made a lot of efforts for the development of the country ever since he occupied the position in 2014. Let us have a look at the remarkable initiatives of the prime minister.

**1. Make in India:** To facilitate and encourage investments by various countries and people in India.

**2. Swachh Bharat Abhiyan:** It was launched on 2nd October 2014. Filth is considered as one of the most major problems in India and Mr. Modi gave the issue its due importance by launching a national-wide campaign to great success.

**3. Jan Dhan Yojna:** On 5th August 2014, it was announced and over 15 Crores

banks were opened in India in the last 3 years.

**4. Foreign Policy on Fast Track Mode:** India's present foreign policy focuses on improving relations with neighboring countries and the world to invest in India.

**5. Campaign for Building toilets:** A huge project to construct over 10 Crore toilets by 2019 at an unbelievable rate of one toilet per second.

**6. Tourism gets a push:** Tourism is prominently in the government's action plan to make India a world class tourist destination.

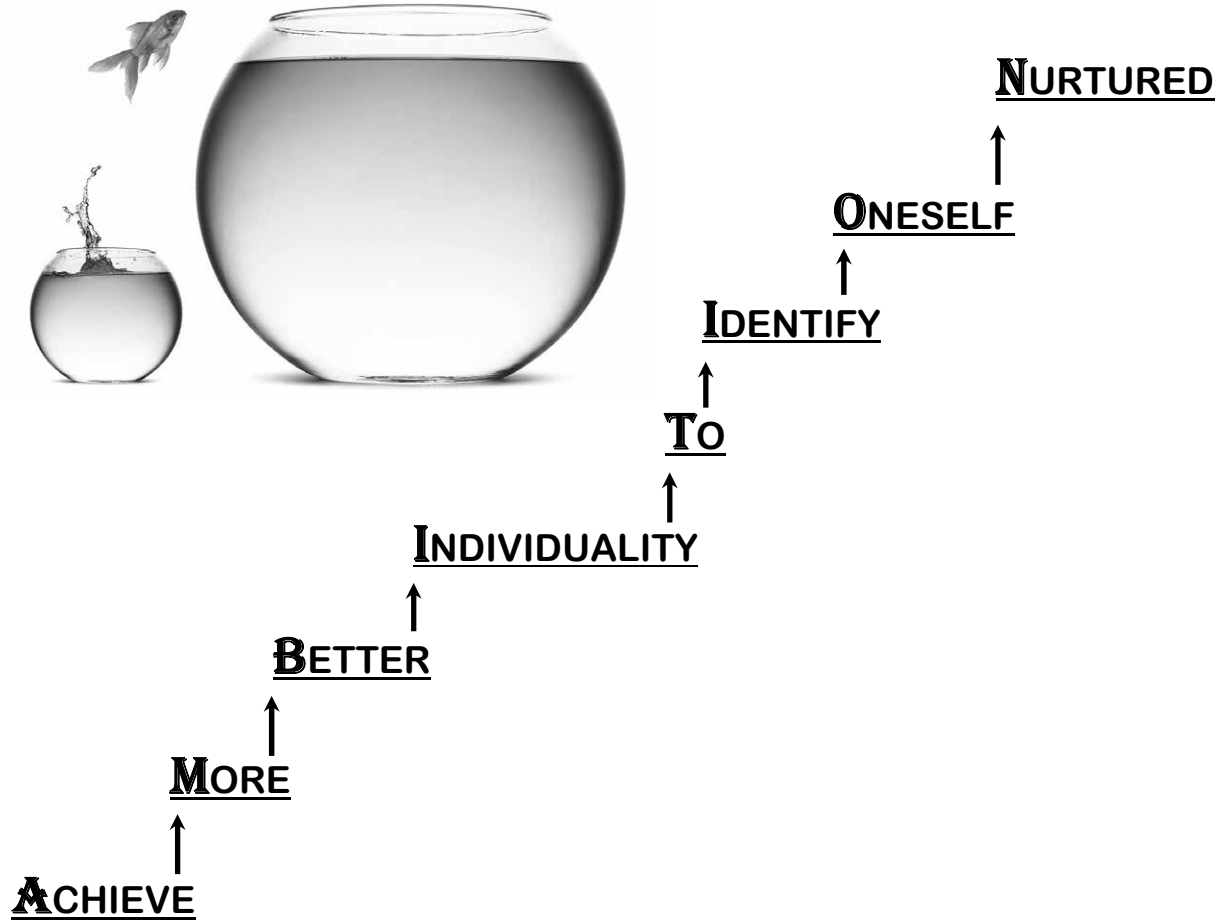
**7. Implementation of Neighborhood first policy:** One of the major policy initiatives taken by the prime minister is to actively focus on improving ties with immediate neighbor countries.

**8. Confidence building measures in Kashmir:** After a long time, a connect with the Kashmir people could be established through various ways like celebrating diwali with them, helping them during floods and protecting them.

The above mentioned are a few of the initiatives by the present prime minister and undoubtedly, numerous other initiatives also ensure equal or more importance in the development of our country. To conclude, the role of any prime minister is very vital in the development of a country. Similarly, our Prime Minister, Mr. Narendra Modi has made every possible effort to make sure our country soon comes into the list of the developed countries. And he is relentlessly doing the same day in and day out and we are very proud of him. May we soon be called the citizens of the developed country.

Charvi Sharma VI

# MY OUTLOOK ON "AMBITION"



The stairs of desire and determination is not too steep if your focus is only on your goal. Let us all climb the stairs of success to achieve our ambition by striving hard truthfully towards it.



## Patalkot: the hidden world

**India is a country having much diversity. Not only by religion or caste but also by its geographical features. But the question is: have we really discovered India completely?**



This winter vacation I went to India and stopped by Nagpur for a week to meet my relatives. My sister and I have obviously not seen India completely, so we thought of exploring. My parents and other relatives were too very excited about this and they all agreed. But where were we going? Thank god, we are in the 21st century and internet exists. We searched some places to go and we chose Patalkot. I had no idea what this place was. My uncle told me that this place has been recently discovered. I was shocked with this statement. "India has more to discover?"- I wondered. He told me further about it. 'Patalkot' name comes from Sanskrit word "Patal" that means 'very deep'. There is a belief that after worshipping 'Lord Shiva', Prince Meghnath son of Ravana had gone to Patal-lok through this place only. People say that Bhonsle Kings ruled this place in the 18th and 19th Centuries and that there was a long tunnel connecting this place to Pachmarhi in Hoshangabad District. The Bhonsle King, after defeated from British Army found this place suitable for hiding and went deep into the forest of Patalkot. The area is called Raja Kho in Patalkot. Traditionally, the site is believed to be the entrance to Patal. This valley had long been cut off from the outside and was discovered only a few years back.

The next day we woke up nice and early because we had to travel a long distance. The sun didn't rise but we were ready to leave. Nagpur is in Maharashtra and Patalkot in Madhya Pradesh. The Patalkot valley is spread over an area of 79 km<sup>2</sup>. At an average height of 2750–3250 feet above mean Sea Level from 22.24 to 22.29 ° North and 78.43 to 78.50 ° east. The valley is located at a distance of 78.00 km from Chhindwara in the North-West direction and 20 km from Tamia in the North-East Direction. 'Doodhi' river flows in the valley. This horse-shoe shaped valley is surrounded by hills and there are several pathways to reach the villages located inside the valley. The rocks are mostly by the Archaean era which are nearly 2500 million years and comprised with Granite gneiss, green schists, basic rocks, quartz with Gondwana sediments including conglomerate sandstone, shells and carbonaceous shells. The composite carbon on the rocks called Shilajit is also found on few patches in upper zones.

We travelled 196km by car to reach there. When we reached the upper part of Patalkot, we were stunned to see the





nature at its best. Pataalkot was the bottom most part of this area. We met many shopkeepers and street sellers and hawkers selling strange ingredients and pots of all shapes and sizes. These were herbs and spices with medicinal properties. I had never seen these herbs and plants. I asked the sellers where they got it from. The simple answer was Pataalkot. They said that the tribal of Pataalkot collect these herbs and sell it. I was picturing tribals wearing leaves and flowers. I learnt that Pataalkot is the home of some rare medicinal plants and herbs, used by herbal healers known as bhumka. They include *Abrus precatorius*, *Aloe Vera*, *Annona squamosa*, *Bryonia lacinosa*, *Aegle marmelos*, *Madhuca indica*, *Ficus racemosa*, *Holoptelea integrifolia*, *Lawsonia enermis*, *Tylophora asthmatica*, *Gloriosa superba*, *Gymnema sylvestre*, *Hemidesmus indicus* etc. The tribes of Pataalkot use the forest plants to make medicines. The herbal practitioners are known as Bhumkas. They make pulps and extracts of plants for curing illnesses. They have medicinal treatments intended to aid with illnesses including, measles, cholera, hypertension, diabetes, coughs, snake bites, and pains. The ethno botanical studies done by Dr. Suneesh Buxy in the area revealed that nearly 220

number of floral population are used by Bharia community for treating different diseases. Some of the medicinal plants are highly endangered species and needs protection like Sundew.

After buying a few of these goods, we continued our journey. We were heading towards Pataalkot. We were afraid that our cars would have a hard time going through the forest. But to my surprise, there were well built roads!

The government had provided this area with roads. We saw many villages on the way but I wanted to go to the extreme bottom. After travelling 32km downwards, we reached the end of the road. The forests were so thick that the sun rays didn't reach the ground. We saw a small canal of water flowing. We wanted to see where this water was coming from. We climbed a few rocks and saw a small pipe from where this water was coming. We saw a lady coming towards us. She wanted to wash the leaves she had collected. We asked her name and where she lived. She told us that her name was Bharti and that she lived in Chintipur village. She told us more about the area. There are in total 12 villages and 13 hamlets with a total population of 2012 (1017 male and 995 female) in the valley. These villages are located at the distance of 2–3 km each. The main villages of the valley are: Rated, Chintipur, Gujja Dongri, Sahara Pachgol, Harra-ka-Char, Sukhabhand, Dhurni malni, Jhiram, Palani Gaidubba, Ghatlinga, Gudichattri, Gaidubba, Kareyam, Ghana, etc.

Gonds (Gondi people) and Bharias mainly constitute the population of Pataalkot. It is said that Bharias have been living here for more than 500 years. Tribal

men, women and children wear traditional dresses during their festive times. Chulki, Mundri, Binoria, Toda, Hasli, Kardona, Paijan, Mohanmala, Kushmala, Mungiamala, Markadhana mala and Patli are the common ornaments they wear at this time. Tribal members perform prayers and rituals every day. The place where they perform Pooja (prayer) is called as Devghar. Tribals worship Mahadev, Badadev, Madai, Madmi Mai, Doolhadev, Nandia, Surjadev, and Agiadev as their gods and goddesses. Nagda, Timki, Shehnai, Chakule, Singa, Tambura, Chikara, Bansuri, Ghunghru, Khadtaal, Madar, Dhol, Dahak and Tudiya are the common instruments played during certain ceremonies and rituals. We climbed a little further and saw a sculpture of a goddess sculpted on a rock. This was the temple. Bharti took us to show her house. She told us that someone from another village had burnt her house and so they lived under a

tree. She had 3 goats and a dozen of hens and chickens. We asked her if there were any wild animals in this area. She said there are a number of cheetahs here and once a cheetah attacked on her. Now she doesn't let anyone go out after the sun sets. We asked her who lives with her. She had a son and her husband. We asked her where they were and she said that her son was in school and her husband was in the jungle. After this little chat, we bid goodbye and left Patalkot.

It was an excellent and memorable journey and I got to learn a lot from this new adventure. Now the government is trying to make this area as an eco tourism place and provide the residents with water, shelter and electricity. I hope that the government helps this area to prosper and help the people to improve their lives.

Ayushi Das X



## People in bus

There are many type of people,  
 In buses, in cars, here, there, everywhere.  
 In my bus, there are many people  
 Who play. Who sleep. Who talk, who see  
 Who fight and some who are always lonely.  
 Also there are a few busy bees,  
 But I like those  
 Who always mind themselves.  
 There are many people in my bus  
 Who sit here and there, walk here and there  
 But there also some  
 Who sit and sleep and mind their own business.  
 And I am one of those.



Riya Sharma. Class 5

## If Keyboard could Speak

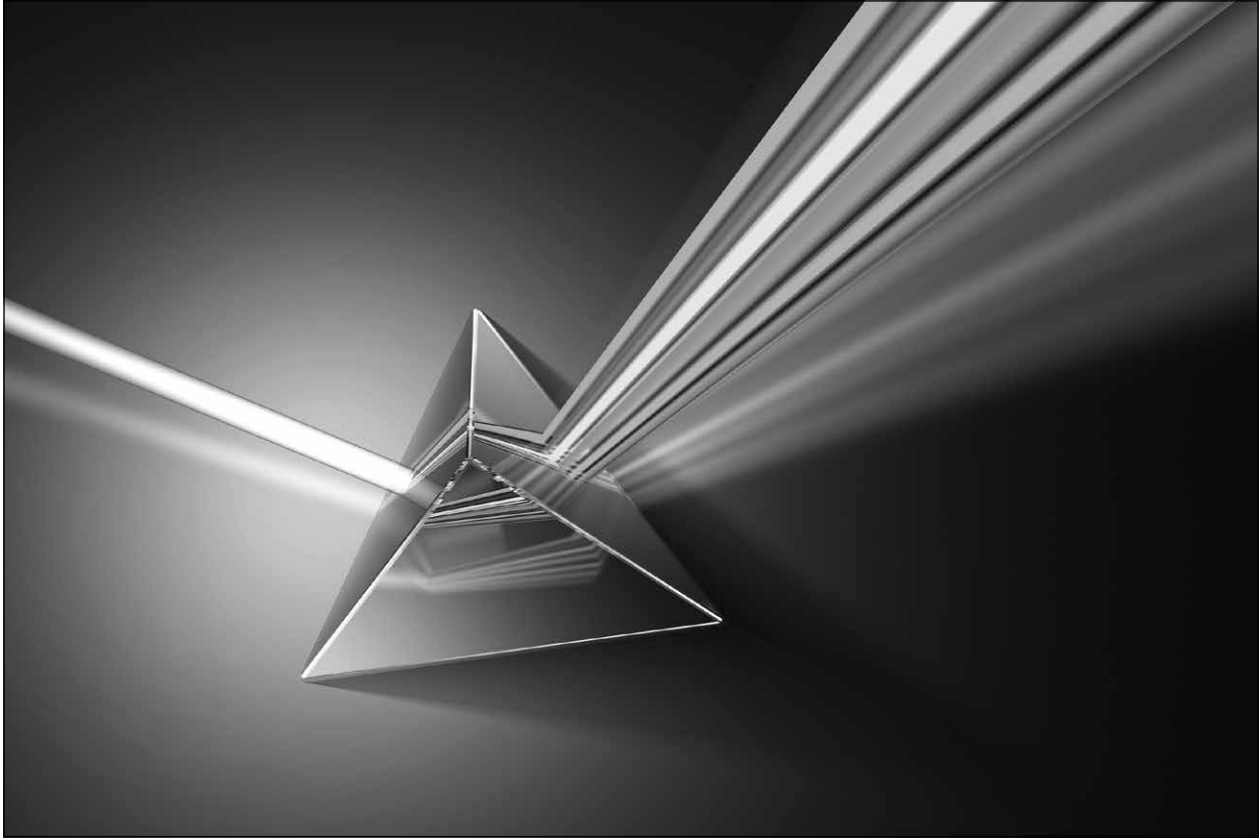
It will be enthralling if it happens. Soon it will happen, I guess. In present techie scenario, it is a mind boggling and a thought provoking topic. Miraculously, our life would be "Topsy-Turvy" if a simple electronic device, 'KEYBOARD' could talk. Pondering over this idea aroused me to pen down all my amazingly absurd, unspoken thought. Our emails sent to anyone would create havoc, if its button would actually speak up the words being pressed upon. The funniest outcome that comes in my mind is the one when in a working place, gang of employees typing together on their keyboards suddenly turning it all into a fish market filled with voices of their talking keyboards. The other most important area where such keyboard would create magic is our gregarious social network site like, 'FB', Twitter, etc where people spend maximum time in typing their thoughts. How ridiculous it would be if it starts questioning



our thoughts being conveyed. Actually it will be like negotiation with the keyboard. Nevertheless it is not as simple as it seems. Every unique action has an equal and exclusive opposite reaction!!!

Aarav Parin Class V

## Why is the Sky Blue?



The sky may appear to be blue but actually, it is a mixture of 7 different colors. The white light from the sun is a mixture of all colors of the rainbow. This band of 7 colors is called a spectrum. The seven colors are- Violet, Indigo, Blue, Green, Yellow, Orange and Red (VIBGYOR). This was demonstrated by Isaac Newton, who used a prism to separate the different colors and it formed a spectrum. The colors of light are distinguished by their different wavelengths. The visible part of the spectrum ranges from red light with a wave length of about 720 nm, to violet with a wavelength of about 380 nm, with orange, yellow, green, blue and indigo between.

We see the blue, most of the time because the blue and the violet light have the greatest wavelength of all the 7 colors.

But during sunsets the sky will appear to be yellow because the light from the sun has passed a long distance through air and some of the blue light has been scattered away. If the air is polluted with small particles, the sunset will be more red.

Now we might be wondering why does Mars' sky appear red? Many images from satellites have shown us that the sky of Mars is red, this is due to the iron rich dusts. The color of the Mars sky will change according to weather conditions. It should be blue when there have been no recent storms, but it will be darker than the earth's daytime sky because of Mars' thinner atmosphere.

Rubaiyat Mashrafi Class-8

## The Sun

Don't you think the sun is bright?  
I wonder where it goes at night?  
Does it sleep or does it hide?  
Or does it go to the other side?

Could it even have a home?  
Maybe in Moscow, Delhi or Rome?  
Or does it just float around?  
Moving slowly from town to town?

Yes I think it must do that!  
After all the earth is not flat  
So the sun goes round & round  
Spreading sunshine on the ground

Avanish Akash Singh 4



## Save girl child

Let me live let me bloom, let me shine,  
Let me come, let me see the beautiful world,

Let me become beautiful daughter and let me become serving mom. Don't be so self-  
ish to have only my brother. Let me also grow like my brother. Let me swim like colorful  
fish, listen my cries and listen my scream

Let me serve my mother nation. Let me see this beautiful earth. Please don't kill me  
before my birth, please don't kill me before my birth.

A. Agnes Aradhana, Class II



## Put it down

The teacher began her class by holding up a notebook in her hand. She held it up for all to see and asked the students "How much do you think this notebook weighs?"

'50gms!'..... '100gms!'..... '125 gms' ..... some of the students answered.

"I really don't know unless I weigh it," said the teacher, "but, my question is:

What would happen if I held it up like this for a few minutes?".....

'Nothing' ..... two of the students said.

'Ok what would happen if I held it up like this for an hour?' the teacher asked.

'Your arm would begin to ache' said one of the students

"You're right, now what would happen if I held it for a day?"

"Your arm could go numb; you might have severe muscle stress & paralysis & have to go to hospital for sure!"

..... Ventured another student and all the students laughed.

"Very good.

But during all this, did the weight of the note book change?" Asked the teacher.

'No'..... Was the answer.

"Then what caused the arm ache and the muscle stress?"

The students were puzzled. They discussed and murmured among themselves.

"What should I do now to come out of pain?" asked teacher again.

"Put the note book down!" said one of the students

"Exactly!" said the teacher.

Life's problems are something like this.

Hold it for a few minutes in your head and they seem OK.

Think of them for a long time and they begin to ache.

Hold it even longer and they begin to paralyze you. You will not be able to do anything.

It's important to think of the challenges or problems in your life, But EVEN MORE IMPORTANT is to 'PUT THEM DOWN' at the end of every day before you go to sleep...

As said in Bhagawat Geetha, Do your duty, do not wait for the result. As students do what you are supposed to. Do not interfere in others affairs. Concentrate and be focused. If you do so....

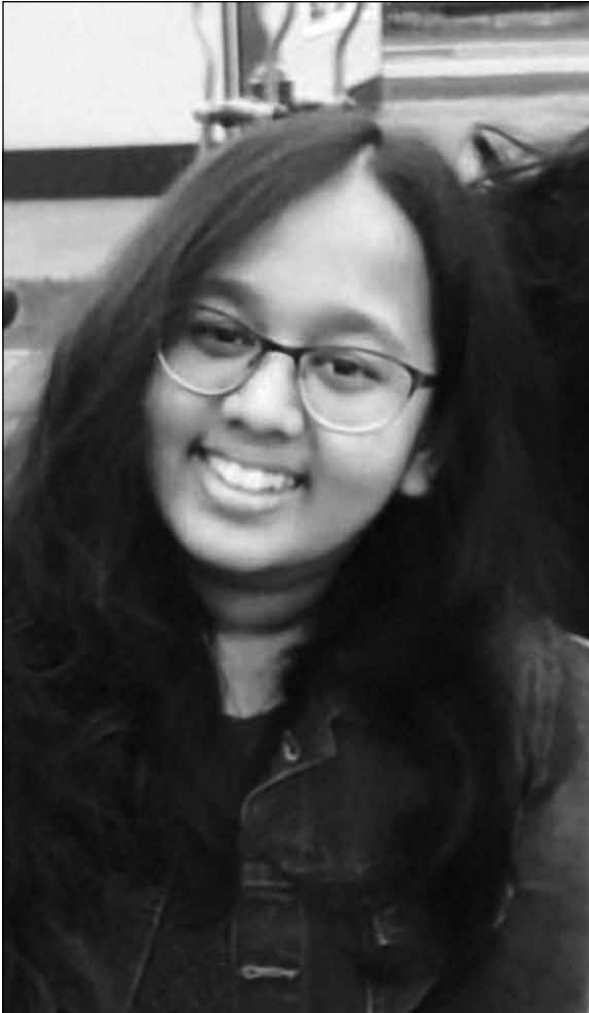
That way, you are not stressed, you wake up every day fresh and strong and can handle any issue, any challenge that comes your way!

Moral: So, when you start your day, Remember friends to 'PUT IT DOWN TODAY!'

The bell rang and the teacher left the class room leaving an impact in the minds of her students.

K. Sai Raxita, VIII

## Is the Current Indian School Education System really educating us?



Our education system is one of the oldest methods of attaining knowledge in this world. But it has a huge number of distortion and deviations. In the Vedic age, our education system consisted of a Guru, his disciples and a holy Gurukul. It was this place where the Guru taught his students each and every aspect of life along with subject matters. But this education system was confined to a special sect of Brahmins and Kshatriyas. Now the modern era is over such discriminations and so, the Education systems have undergone continuous modifications according to the needs. Every country has a separate education system,

as all people are not the same. Education system in India is strict and is based on training children for the future. It is not easy, but it is good in the long run. If our education system was not good, India would not be the country having most number of doctors and engineers. First of all, India's education is great because it teaches kids about how they should get speed and doing work fast. Also Indian schools are determined to make sure that the kids get the concept. They are actually willing to teach! Also in all Indian schools there are uniforms and a strict dress code, so students know how to dress appropriately. Although, the Indian school system isn't outstanding because of Public and Private school difference and the huge mass to be educated, it is definitely well ahead of other countries.

However, this system focuses on only certain subjects and neglects the others. Our education system, may be distorted in the hands of the practitioners, is quite often ,making fish climb trees. We should not simply taught, but train and help us learn the skills right along with knowledge. Instead of making us recite things, we should be taught to think of new ideas and implement them in the problems of daily life. Even a lion learns to perform activities in a circus. That lion is called well trained and not well educated. These are just my stray thoughts and views. So I got a few of my schoolmates to tell me their views on ***"Is the current Indian education system really educating us?"*** and I got quite interesting and thought provoking reflections from them compiled below.

Ayushi Das IX



**T**here is a good side and bad side to everything. The good side of education is that we are LEARNING. We are learning about the subjects related with our class, subjects related with our degree. We know how to read and write. We are career oriented; people are employed after completing their Education.

Mahati Kotwani IX

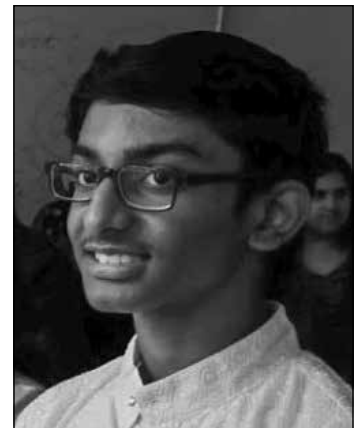
**N**early everything in life is comparable to the clichéd double edge sword. That's why it's a cliché after all. So, there are institutions and teachers who stifle creativity, but there are also institutions and teachers who inspire creativity. Truly creative people manage to express themselves regardless of the quality of their education. So yes, most schools do offer some level of education, and hopefully at least manage to teach folks to read, write and some basic foundations of Mathematics, Science and other subjects. I believe that educating one to have right value and right character is more important than a gamut of knowledge. In that respect, Indian school education does a lot.

Kushagra Bajpai IX



**T**he current education system focuses more on presentation of values and knowledge by the children rather than actually acquiring or using them.

Aparna Rai X



**O**ne of the major drawbacks today is that our education system never gives enough focus to practical knowledge. Sadly enough, I know how an amoeba moves and how it eats, but I have never seen an amoeba in my life! Our education system today focuses merely on mugging up facts and figures. The education system in our country today is a mere rat race. It has killed the innovation and creativity in the children today when ultimately, education should make a child to be independent thinkers and creators.

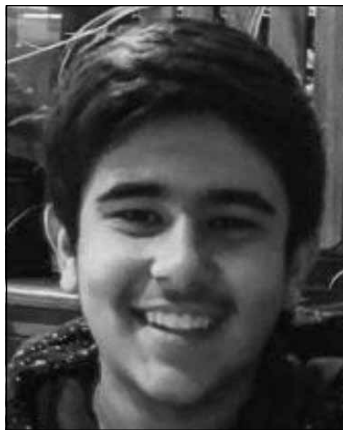
Steve Samuel IX





I don't want to say that it is not educating us; but it is not appropriate because the things we are made to learn is somewhat not helpful in future. If somebody wants to go ahead in the stream of Arts or Music, Mathematics is not going to help him. In countries like Austria, they are made to study the subjects they like and want to learn.

Jasprit Singh X



Yes I think it is educating us because we are getting more and more improved. Moreover the children who are passing 12 classes are more mature and educated and they get their choice places for higher studies as well. So I think it is really educating us for our ambition.

Arnav kumar VII



I think, Skill-development and vocational education along with character building will make modern Indian school education more purposeful. There is something to learn for everyone from everyone.

Anita Gururani IX



We have good and learned teachers to impart us with knowledge of what they know. Everyone is a master in his field. We are getting taught by professionals of their field. Presently our education is based on making us the best in our area of interest, to help us reach our goals more easily. More of the fact based knowledge is being grasped by us. What we learn helps us in our career and in our profession. Professionalism is deep-rooted in our society now and this education makes us so. If learning of skills is given enough importance, our education system can raise all standards.

Avishi Das VI



I always felt that education is just like a TV, a presentation media. The content is like a movie script or serial script. And the content keeps updating according to how our society changes and how one who learns it interprets and how the society is to accept that content like a board to filter it down. The one who you learn from keep changing the way he/she presents. It's us who actually try to interpret what we learn and see if we can apply that learning to the career choices or life we form after that. The present education is educating us, definitely does.

Kamlesh Durai IX



It teaches us the moral values and how to live in a community and interact with each other. And I think, that is much more important than bookish knowledge.

Saksham Dhokwal IX



Though there are so many good sides, I think that our education system doesn't really provide students the correct space; mostly children have pressure on them during their school life... they don't get what they want. There are limited options from which students get to choose... so they should provide more options and help us in taking the right choice.

Akanksha Kumari X



The current education system is not really educating us. The chapters in our textbooks can increase our knowledge, but not our values. The notes we write can increase our writing speed, but cannot inculcate good habits. The punishments can improve us in doing our work, but cannot teach us the lessons for life. So we need to improve our education system. Other than History, Maths and Science, we need to focus on values, manners and good habits leading to a successful and good human being.

Simranjeet Kaur IX



**I**n my thoughts, the current education system is incomplete. It only tests the child's memory and neglects practical and social skills. A lot of times, children are able to score good marks in their exams but are unable to have healthy Social interactions.

Agamdeep Singh XI



**Y**es, I do feel that the current education system is really educating us. It is a system that has been developed over many years of observation and experience and is thus able to ensure that the interests of all different types of students are considered. This system gives equal importance to academics, sports, extra-curricular activities and inculcation of moral values. Though the system may have a few minor flaws, they are simply the proof that it is continually evolving and becoming better.

Yukta Rose XII Passed out  
(School Topper)



**I**n my opinion, no, the Indian education system is not educating us to the international standard of the 21st century needs. We do not understand the practicality and its application in real world. The system promotes memorization more and securing marks is the only way of assessing a student. It is alarming and the skills and attitudes of the student takes a back seat, which is the biggest flaw in our system. But looking at our skyrocketing population we cannot adopt comprehensive education focusing on aggressive skill building, but only selective education through examination. A mixture of memorization and practical application will make it more effective. I wish our education system incorporates the demands of the global skills sets, knowledge and attitude development in our school education to make the students global citizens.

Andrew Saju XI

**I**t is surely educating us but the real question stands here that does it really help us for our future? Maybe this education system is teaching the basics but as per my opinion, they should teach us with our own interests in the subjects to help us in our further academics where we choose our needed/favourite subject/fields.

Arushi Singh IX

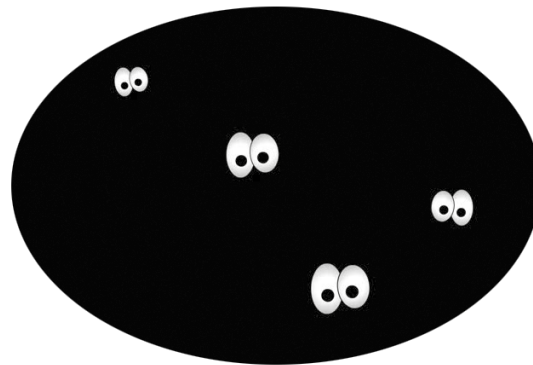
## Who is She anyway?

She walks away with a scent, that takes almost everyone's breath away.  
 She walks away with a stunning smile, that leaves people blank as an empty frame.  
 Her dress glows as bright as the sun in the day and shines as bright as the stars in the night.  
 Her hair is as soft as silk and as fine as the goddess say!  
 Who is she?  
 Who is she anyway?  
 Does anyone care? Well I know I do!  
 She is a goddess in her own way!



Lara Kotwani , Class 5

## Dark



A fear that grows and grows, for certain reasons it doesn't leave  
 I sit alone and fear of what I can't perceive  
 "Let there be light" said God but did he forget about me?  
 The battle against the dark is the hardest, as it is an enemy you can't see.  
 This not I fear, the men of night and the midnight hours on clocks  
 I fear being left alone only with my thoughts  
 Darkness is by definition the absence of light  
 The battle against darkness is the only one I can't fight.

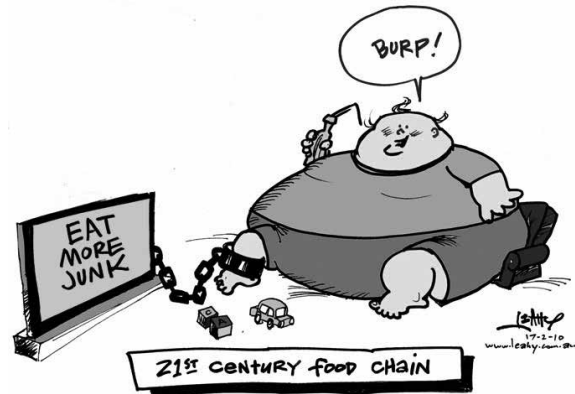
Ashwin Upadhyay Class XII

## Why Increasing Number of Children are Overweight?

Nelson Mandela said, **“Our children are the rock on which our future will be built, our greatest asset as a nation”**. But today, one of the most crucial problems of the developed world is Obesity which relates to children too. Unfortunately, this problem is incredibly rising. So, who to be blamed, the fast food distributors, or parents, ... ?

**Causes: Unhealthy eating habits:** Generally, fast food looks so attractive for every age group. However, it is so true that they are so coarse from inside. What they cook from outside never comes to be inside. Fast foods have been proven unhealthy in all ways. One who practices to eat junk food calls for so many disorders to their body like heart diseases, liver problems, diabetes, cancer and of course, obesity. Scientists say that growing age is the most sensitive age in which one should practice healthy eating or else it can be even life threatening. The poisonous taste makers, attractive food colours and preservatives used in the fast food, are very critical to one's health.

**Sedentary Life Style:** Today, life is more than sedentary. Kids spend most of their time on television, phones, tablets and videogames than actively playing outside. Kids younger than 6 years spend around 2 hours in front of these electronic devices, while older ones spend an average of four and a half hours to seven hours a day. Also, nowadays kids do not get enough physical activities. Keeping indoors and avoiding outdoor games is accumulating body fat in kids promoting overweight. The habit of daily Physical exercises is a rare thing to see around.



**Genetic Factors:** Genes can also play a role in some children being obese. But still, it cannot be fixed as the cause of the present obesity crisis.

Franklyn Roosevelt said, “We may not be able to prepare the child's future, but we can prepare the child for the future”

**Remedies:** We often here mothers say their kids get tired very often and very fast. But, it is not true. Children are the ocean of energy and a little motivation and encouragement can make them more active. Parents can be strict about following healthy food habits and life styles for children to follow. Proper guidance and parental control on all matters of health, especially on the use of the addictive electronic devices are very essential to bring up healthy children.

Kids should be encouraged and engaged in physical activities like outdoor games, regularly. Daily physical exercises should be promoted as a habit. Aerobics are the ones children like most as it is musical and these types of work outs are entertaining and healthy.

Practising eating greens and vegetables and variety of fruits daily can bring a drastic change to each one's health. An all this can be done with a little motivation and deter-

mination. Once this habit is formed, it dies hard. As John F Kennedy rightly said, Our children are our greatest treasure and its

best hope for the future, and a little effort from the parents, school, society and the government can bring up a healthy and strong future generation.

Heer Bagchandani VIII

## A time for everything

1. For everything there is a season, a time for every activity under heaven.
2. A time to be born and a time to die. A time to plant and a time harvest.
3. A time to kill and a time to heal. A time to tear down and a time to build.
4. A time to cry and a time to laugh. A time to grieve and a time to dance.
5. A time to scatter stones and a time to gather stones. A time to embrace and a time to turn away.
6. A time to search and a time to quit searching. A time to keep and a time to throw away.
7. A time to tear and a time to mend. A time to be quiet and a time to speak.
8. A time to love and a time to hate. A time for war and a time for peace.

What do people really get for all their hard work? I have seen the burden god has placed on us all. Yet God has made everything beautiful for its own time. He has planted eternity in the human heart, but even so, people cannot see the whole scope of God's work from beginning to end. So I concluded there is nothing better than to be happy and enjoy.

A Ellona Priyadarshini Class 4



## Languages

I am lucky to be living in Moscow, where I learnt to speak in Russian.

I am learning English and Hindi at school and at home. I also attended few Chinese language classes and found it very interesting. It is quite different from the other languages that I know. I had heard that the Chinese language is very difficult but that is not correct. But yes, it does require lot of time and hard work to learn it.

Each language is different and has its own script and pronunciation. My mother

told me that the Ancient Egyptians used symbols called Hieroglyphics. I found it very interesting. In order to understand the culture and people of different countries, I would like to learn many more languages. If one knows the language of the country where he is travelling, it becomes so much easier to move around the country without any language problem. Language helps to make friends easily.

Anmol Gupta Class III

## Thank You God!

For each new Morning with its light,  
For rest and shelter of the Night,  
For Health and Food,  
For Love and Friends,  
For Everything the Goodness sends.

For Flowers that bloom about our feet,  
For tender Grass, so fresh so sweet,  
For song of the Birds and hum of the Bees,  
For all things, fair we Hear or See,  
Ether in Heaven, we Thank You!

Thank You God, for this beautiful Life,  
All the Blessings and Goodness!



Suryansh Sachdeva, Class-IV

## My Granny

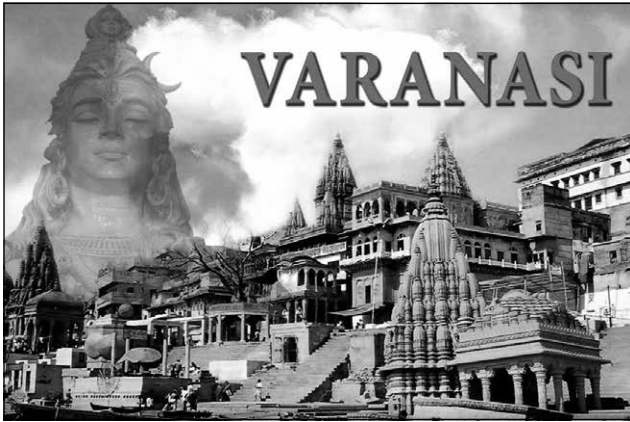


My Granny, my sweet Granny,  
She is so cute and sweet Granny  
I love her very much.  
She loves me more every day.  
She is my mother,  
She is my life,

Everything she is for me.  
She never scolds me,  
And gives me whatever I want.  
We will be together for ever  
Oh! Together forever ...

Sreenidhi Nambiar, class II

## My Home town



My home town is Varanasi or Banaras. My grandparents live there. City. Varanasi is the city of temples. It is an ancient city on the bank of the Ganga river in Uttarpradesh. Varanasi is a holy city. It is believed to be the home of lord Shiva. The city has 88 ghats. Varanasi is famous for banarasi saree. I love my city. Every year in December we go to Banaras to visit my grandparents.

Bhavya Rai, class II

## The place I visited

I went to Vidinkhapark during my summer holidays with my family by metro. Vidinka park is a cultural and exhibition centre. it is one of the best amusement park for kids in Moscow. We took cycle and skates with which we took a round of the park. Then we had a ride in the merry go

round and water slide. It was so much fun. After that we enjoyed the showers of the fountain and ate ice creams. Then, we went back home happily. It was a memorable day in my life.

Krishiv Dwivedi, Class II

## My pet Puppy

I have a Puppy.  
Her name is Happy.  
When I go to school,  
She sits near the pool.  
When I come back from school,  
She sits on the stool.  
She brings me lot of joy and fun  
My dear little Puppy.

Kumar Shreyas Chandra, Class II





## Dubai – Interesting Facts

Dubai, the largest city of the United Arab Emirates, is known for its modern architecture and luxury shopping. Here are some interesting facts about this unique city:

1. Dubai's Burj Khalifa which stands at 2,722 feet, is the world's tallest building.
2. Dubai's artificial Palm Beach Island uses enough sand to fill two and a half Empire State buildings.
3. 83% of Dubai's population is foreign, of which nearly 43% are Indians.
4. One out of every four cranes in the world is located in Dubai.
5. Dubai Duty Free is the world's busiest travel retailer. It sells 2000 tons of chocolate every year!

Jiya Lilani Class 4



## Exam fever!!!



Exams are round the corner, because of that I am getting fever. I prefer the usual fever I get because it can be healed by

medicines but this exam fever has no medicine! The only medicine is end of the exam.

I wish the exam could be taken orally without any writing.

Then, I would be having no exam fever. Due to exams, these weekend outings are also cancelled. My mother is shopping for summer holidays now only so that she can teach me during April. It might be same in all houses. Every child is worried and suffering from exam fever now. My fever will be high on SST exam. My fever will be low on Maths exam. My favorite TV channels are also asking for pin which my mother says, will automatically open on the last day of my exams. Exam fever is fast spreading. I wish it heals soon.

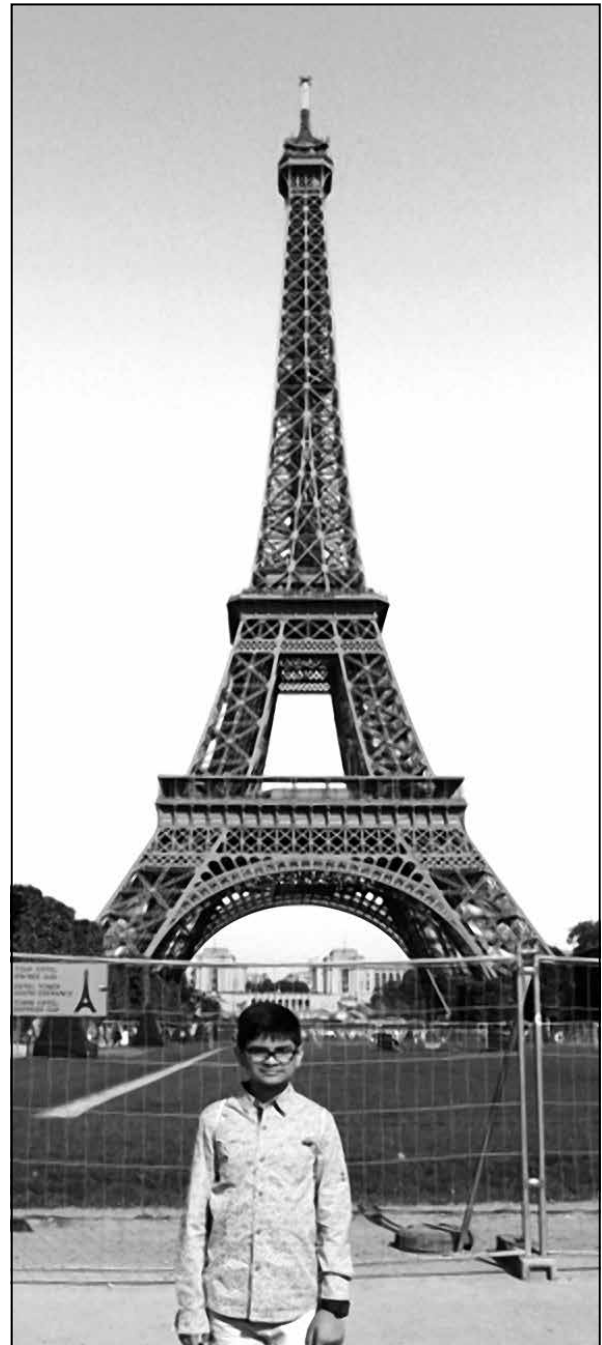
Diya Khemani, Class 5

## My Trip to Paris

During May 2018, along with my family members I went to Paris. On 5th May 2018, we traveled from Moscow to Paris. We traveled via Istanbul and the journey was good. As we landed in Paris Airport, I felt so excited that we have come to the land of Napoleon. France is historically a tourist attractive place. The country is located in the west Europe. Paris, in particular has lots of historic background. So, from the very first day, we started to visit all the important places. We stayed in a hotel which was very near to Eiffel tower. In 1889, Mr. Gustav Eiffel built this giant tower in central Paris. Its height is about 300 meters. Today it symbolizes Paris. We had the opportunity to see the tower during day and night. It is something to remember in life. Then we traveled to Louvre Museum. We saw the most wonderful glass-designed pyramid shape structure. This is an art museum.

On the next day, we went to the most exciting amusement park, that is Disneyland Park. This park is located 32 km east of central Paris. This is the most visited theme park in the whole Europe. This park was opened for public in 1992 in Paris. We went to visit that park for the whole day. We could avail most of the exciting rides. The most exciting ride was water boat ride through tunnel. The special parade in the Disney Park was really charming. As a whole, the visit to Disneyland Park was extremely exciting.

On the 3rd day, we went to visit the palace of Versailles. This was the official residence of the Kings of France from Louis xiv from 1682 to 1789. This is located 20



*In front of Eiffel Tower*

km away from Paris. Visit to the palace was very memorable. Though, it was a short visit to Paris, yet it was a wonderful, really wonderful trip which I would never forget.

S. M Tahsin Newaz, IV

## The Effect of Violent Video Games

Over the century, video games have become quite an attraction among people all ages and culture. A statistics showed that the age bracket for video gaming ranges from eight to forty years. With the advancement of technology, video games also have advancement in its realism and genres. The technologies allowed video games to become very sophisticated and realistic. This type of advancement has brought the video gaming to a multi-billion dollar industry. However, with the level of realism, there are also negative effects of these games on society.

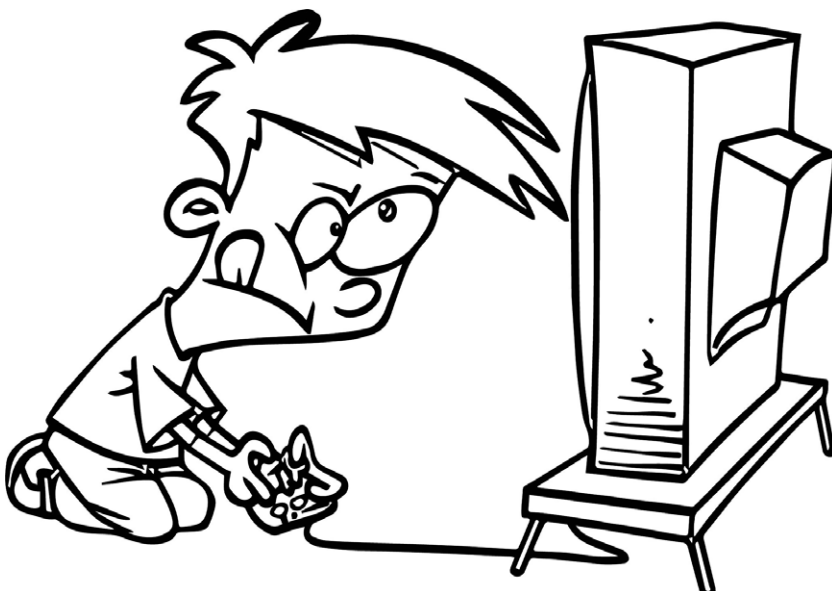
Since the creation of the violent video games or mature games, there have been constant disputes whether or not if these games will increase violence in players. Although, not all video games are graphic and violent, some video games may promote skills such as motor coordination, learning and creativity.



The standards of violence a half decade ago was very different from the violence standards of today. These exposures to violent graphics also affects the player's socio, physical and mental functions. Advanced technology based video games are being created every moment. More technology use means more realism and more adverse effect. These games are involved in more blood and violence. Though it is the fact, these games make the players more active and involved and good at controls. We have to manipulate many bloody and sophisticated weapons of violence, death,

and bloodshed in most advanced games and they make the player insensitive to violence. In real life, these players will tend to be more and more aggressive, more prone to confrontation and restlessness.

Moreover, when a person is playing the game, there are all sorts of chemical reactions within his body. These types of reaction occur because players



are more and more involved and in controlled situation. These video games are very interactive and the players physically, mentally and emotionally interact with the games in the seeming reality, mistaken as the reality before them.

Studies have shown that the limbic system within the brain is the most activated as a person is exposed to violent video games. When a player becomes interactive with the game, all of his brain structures are active. These games also promote anti-social tendencies, insomnia, anger, obesity, various specific organ related diseases, high level of stress, poor performance at studies and other umpteen number of ill-effects,

though people claim video games promote problem solving, critical thinking, decision making and strategic planning. So, before grabbing the best gaming devices to be proud of, be careful of the ill-effects of it. Self-control and self discipline are the two factors which can save you from your health hazards of video games. It is always better to have outdoor games than these addictive video games which cost your mind, body and spirit beyond your imagination.

Khushboo Methani, VIII

## Today

Today, between hell and earth, I cannot differ.  
 Because today, when a girl child is born we want to kill her  
 All we do is cause hurt, pain, be dishonest and abuse  
 For all that nature has given us, All we do is misuse.  
 All those borders with never ending fences and chains  
 Are replicated in youth's brains.  
 Keeping quiet or a revolution?  
 None of them seem to be the long term solution.  
 A world full of non-followed rules  
 That is ruled by corrupted fools.  
 You can stock up your arsenal  
 Nuclear weapons you can hoard.  
 But will you ever realize  
 That the pen is mightier than the sword.

Ashwin Upadhyay Class XII



## What If...?

What if I had a pain in head?  
 What if I stop eating bread?  
 What if the clouds come to ground?  
 What if I sing too loud?  
 What if the earth stops turning round?  
 What if I stop touching the ground?  
 What if I turn into a cow?  
 If this is possible, then how?  
 What if I get tanned?  
 What if chocolates get banned?  
 What if I turn brown?  
 What if I start eating the ground?  
 What if I become a girl?  
 What if my hair becomes curl?  
 What if I become a nut?  
 What if I get a paper cut?  
 What if I become sad?  
 What if I get back the time I had?  
 What if I am out of trend?  
 And my poem comes to an end?!

Yuvraj Singh Tomar, Class VI



### Answers to Riddles in Page 26:

1. Footsteps
2. Dead fish
3. In dictionary
4. River bank
5. Wrong
6. Lunch and dinner
7. The letter M.

## A step forward for women empowerment — Pink Auto

This time in my winter vacation, I went to India. Now, in India I went to many tourists spots, markets, temples, restaurants and many other places. We often used our car but we also used auto rickshaws. We usually see autos in yellow and green colour but while going to the market, I was astonished to see a pink coloured auto rickshaw. I was curious to know more about it and why it was pink. So, while we were in the market I insisted my mother that I wanted to return in a pink auto. My mom agreed at once.



So, while returning we walked to an auto stand where we found rows and rows full of pink auto rickshaws. We went near one auto and I was surprised to see that the driver was female. My mother asked the driver whether she would go till our house and the lady agreed at once.

I also noticed that the lady was wearing a pink coloured dress same as the auto. Now, I grew extremely curious and I was very interested to know more about the auto and the driver. So, I slowly started asking a few questions and I ended up having a great conversation with the driver. I got to know many interesting and surprising



things about her and how she got interested in choosing this as her profession. First of all, I got to know that the auto driver's name was Mamta and she was extremely kind and polite with us. I got to know that the pink auto scheme was a project introduced by the government of Jharkhand for women empowerment and employment. To make women feel free, independent, confident and believe in themselves that they are capable of doing anything. I also got to know that her auto was bought by her on a loan from the bank. She also told me that this pink dress was their uniform which was made matching to the colour of the auto. I could gather only this much information but as I was very interested on this topic I went home and read many articles about this and got to know that only female and children were excepted to travel in the auto. Many female auto drivers have earned a lot of money by doing this and are able to manage their families without anyone's help. It is not easy to become

an auto driver. You need to apply for this in advance and the government selects some ladies for this. Then, these women are provided with training in driving. They practice a lot until they are perfect. I think this is a very good and helpful project which will help a lot of women and also make them feel safe while travelling. In earlier times, women were not respected and everyone thought that women were not clever and did not know anything and were only born to household work. I think this project will change many people's thinking and mindset about women. This project will also help women prove that people wrong who think women are not capable



of doing anything besides household. It will also develop respect, love and honour for all women.

This project is being started in many places in India like Ranchi, Bangalore and Surat. I think this is a wonderful and marvelous project started by the government.

Avishi Das Class 6

## Excursion to old age home for “War Veterans”

“Age is not how old you are, but how many years of fun you have had.” They say.

Our trip to the old age home for war veterans, which was an idea of our class teacher, was not a mere excursion. It was a journey filled with emotions, learning, and one of the most memorable trips we have ever had in our lives, which we would always cherish.

It all started when we, after buying all the necessary items left for the old age home for veterans at about 9:45 a.m. on 30th May 2018. It is situated at Profcoyuznaya street, 140, building no 6. Its nearest metro station is Konkova. Fortunately, we did not encounter much traffic, and reached our destination in about 40 minutes.

We saw many old people spending time outside on the beautiful sunny day. We then entered the old age home, surrounded by beautiful lush green gardens, and were led to a hall with a proper stage and seating arrangements. The corridor to the hall was filled with photographs of peo-



ple who sacrificed for their country during the wars that Russia encountered over the course of history. We decorated the entire hall with balloons to give it a cheerful look. All the veterans entering the room greeted us with warm smiles and cheerful faces. After everyone arrived, the director of the place welcomed us and Dr. Loay helped in the translation. We, then gifted them an HP printer cum scanner and lots of fruits and juices for the old people. All of them were very happy and excited. This was followed by the singing of national anthems of Russia and India by the students of class 10.

After this, all of the war veterans, almost 150 in number including brave men and woe men were welcomed with handmade



cards and a flowers by the students. They were all very touched and happy with the effort we had put in for them. After this, we had a small cultural program lined up for them. It started with an energetic dance from Anita, followed by two songs Katyusha and Solnechny Krug.







They were all dancing along the tunes of modern music and singing along with us which really gave us a boost wanting to do more and better for them. This was followed by Bhangra from Jasprit and another dance by Anita. Thereafter, our teachers, who accompanied us, Mr. U. P. Binoy and Mrs. K. Hemalatha told all the veterans as to how inspiring, necessary and memorable it was for us to meet them with Abhinav and Anita helping in the translation. Dr. Loay, then recited a beautiful poem he had penned down himself for all the brave hearts which was followed by a round of applause.

Many veterans in their official uniforms completely decked with their honour badges were so excited to talk about India and they held the Indian national flags given to them tight and up in their hands, making us think about the glorious works of the Indian leaders and the strong ties they made with their Russian counterparts. It was also great feeling to see before our eyes how Indians are respected by Russians.

We were then taken to a room and served tea and snacks. We also shared the food we had brought. After the light

snacks moments, it was time for us to but none of us really wanted to leave that place. It had now acquired a special place in our hearts. But we finally had to leave the place with heavy hearts with some of the students in tears as well. We came back and reached the school by 2. P. m. Some of the students were so touched by the visit that they planned to visit the place again with their parents and relatives. It was indeed one of the most memorable trips we had ever had in our lives, filled with emotions and inspiration. It is indeed a real educational trip to inculcate the values like patriotism, respecting elders, love for parents, caring, sharing, empathy, loving, charity and finding happiness in others happiness etc., These values are slowly disappearing among the present generation. But they are very essential to keep the human alive in every child. School is not only a temple for knowledge but also a place to generate good human being, future citizens. Thanks to all for such a trip.

Steve Samuel & Astha Goswami, IX



## Students' perdition: the exam hall

You prepare yourself for a year,  
Not more, not less.  
Receiving support  
your near and dear  
You decide it's time to face your fear.

You thought that you still have time,  
"it will work out  
I'll be perfectly fine"  
As the dates passed by  
You realize your crime.

After a long sleepless night  
You're half dead, yet wide awake.  
Regretfully, you realize, mom was right.  
You shake it off, and  
Advance for your annual fight

You realize the day isn't auspicious,  
The seat assigned is terrible and  
Your invigilator is already suspicious  
The question paper is handed out.  
You curse, the paper is simply vicious.

You try your best not to panic,  
The outcome is crystal clear.  
The bell rings and the clock begins to tick.  
First your name, then class, date and roll  
Your hand is moving quick

The blue ink fills in the white.  
Unlike your mind, completely blank.  
You push through it with all your might,  
Feeling hopeless and helpless.  
You realize your future isn't bright.

The tables have turned now-  
Your mind knows what to do,  
But alas! Your hand forgets how.  
It is blue and it pains you.  
"I can make it", you silently vow.

Magically, everything turns around.  
Your answers seem impressive  
And the hall is void of sound.  
The moment seems ethereal.  
All that you know, you write down.

Now you can see the faint light at the end.  
It is far, yet reachable.  
The light of glory and success as a friend  
Invites you closer, rather pulls like a magnet.  
You begin to transcend.

You're almost there!  
Up high in the sky  
But disaster strikes out of nowhere;  
Starting from one, one by one.  
You hope you'll be the soul they spare.

The paper is snatched from your hand;  
Like the grim reaper taking life.  
You plummet down to land,  
As your feathers are plucked out.  
You finally realize where you stand.

Heading home, heart filled with spite and hate,  
You give up.  
Now it is all up to fate  
You pray and hope for your checkers kindness,  
And decide to mend yourself before it's too late.

Aparna Rai, Class X

## Hindi Section

### आधी रोटी का कर्ज़

एक बार एक पत्नी बार बार माँ पर इल्जाम लगाए जा रही थी। और पति बार बार उसको अपनी हद में रहने को कह रहा था। लेकिन पत्नी चुप होने का नाम नहीं ले रही थी। वह ज़ोर ज़ोर से चीख चीखकर कह रही थी। कि उसने अंगूठी टेबल पर ही रखी थी। तुम्हारे मेरे और माँ के अलावा कोई नहीं आया। अंगूठी माँ ने ही उठायी है। तब पति से यह बात बर्दाश्त नहीं हुआ, और उसने पत्नी को ज़ोर से थप्पड़ मार दिया। तब पत्नी गुस्से में घर छोड़कर जाने लगी। और जाते जाते एक सवाल पूछा की तुमको अपनी माँ पर इतना विश्वास क्यों है तब पति ने जवाब दिया कि मैं जब छोटा था। तब उसके पिताजी गुजर गए थे। तो माँ मोहल्ले के घरों में झाड़ू पोछा लगाकार जो कमा पाती थी। उससे एक वक़्त का खाना आता था। एक थाली में मुझे परोस देती थी और मुझसे कहती थी कि मेरा पेट भरा हुआ है। तब मैं समझ जाता था। आधी रोटी खाकर उठ जाता था और कहता था कि माँ मेरा पेट भर गया है।

माँ ने मुझे मेरी आधी झूठी रोटी खाकर मुझे पाला है। आज मैं दो रोटी कमाने के लायक हुआ हूँ। आज मैं ये कैसे भूल सकता हूँ मेरी माँ ने मेरे लिए अपनी इच्छाओं को मारा है। वह माँ आज इस उम्र मैं इस अंगूठी की भूखी कैसे होगी। यह मैं सोच नहीं सकता हूँ। तुम तो मेरे साथ तीन महीने से हो और मेरी माँ ने पचीस सालों से मेरे लिए तपस्या की है। यह सब माँ सुन रही थी। माँ समझ नहीं पा रही थी। कि बेटा उसकी रोटी का कर्ज़ चुका रहा था। या मैं आज बेटे की आधी रोटी का कर्ज़ चुका रही हूँ।

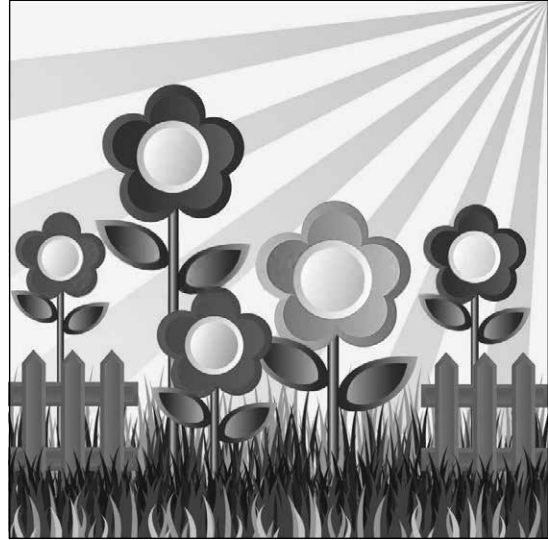
शिक्षा \_ इस कहानी से ये शिक्षा मिलती है कि ये माँ के चरणों में स्वर्ग होता है। हम माँ के किये का कर्ज़ नहीं चुका सकते हैं। माँ तो माँ होती है।

कृश करयानी कक्षा - 4

### बगीचा

एक था बगीचा  
उसमें खिले थे अनेकों फूल  
रंग-बिरंगे सुन्दर फूल  
लाल, पीले, नीले, फूल  
फिर वहाँ आये कुछ बच्चे  
तोड़े, फूल, कुचले पत्ते  
सारा बगीचा हुआ उदास  
सुन्दर फूल हुए नाश  
सुनो बच्चों सुनकर समझो  
ना करो तुम अब नादानी  
जैसे हम बच्चे हैं खिलते  
वैसे ही यह फूल भी हैं जीते

जिया लिलानी, कक्षा - 4

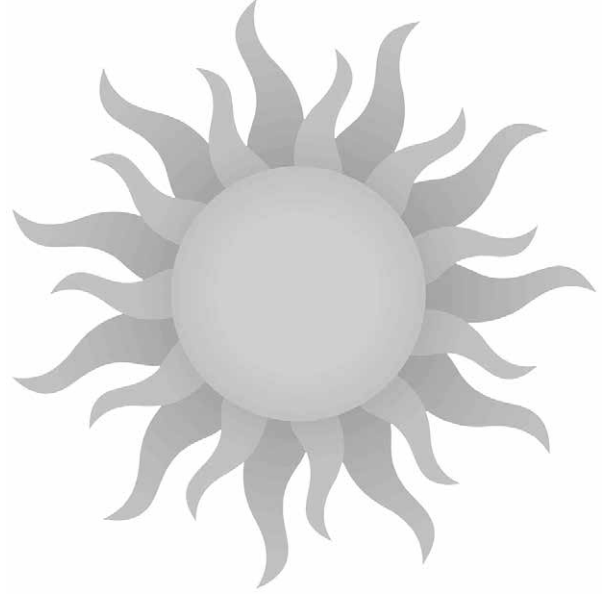


## सूरज

रोज़ सुबह को सूरज आता  
आकर सबको सदा जगाता  
जागो बच्चों अभी न सोओ  
इतना सुन्दर समय न खोओ  
मीठी मीठी हवा बहती है  
सबके मन को यह भाता है  
चिड़िया तितली सब भी जागो

जाग-जाग कर हमें जगाए  
शाम होगी लाली फैलेगी  
सब अपने घर को जायेंगे  
जागो बच्चों अभी न सोओ  
इतना सुन्दर समय न खोओ

प्रथम कुमार रे, कक्षा-4



## गुड़िया

गुड़िया-गुड़िया माँ मुझे बुलाती  
कहती मैं उसकी प्यारी गुड़िया  
मेरी भी एक है गुड़िया  
जिसे मैं तो परी बुलाती  
लाल सुनहरे सुन्दर कपड़े पहने  
लगती प्यारी गुड़िया  
गुलाबी गाल, नीली आँखें  
काले घने बाल, सबसे न्यारी मेरी गुड़िया  
जग में सबसे मेरी प्यारी गुड़िया

संजना शोम ,कक्षा – 4



## भारत क्यों महान ?

हरदम मेहनत करते किसान  
सीमा पर रक्षा करते जवान  
बापू, नेहरु इशकी संतान  
अहिंसा ही इसकी पहचान  
इसलिए मेरा भारत माहान  
पडोसी देश का करते सम्मान  
प्यार से रहते हिन्दू-मुसलमान  
कल्पना ने भरी अन्तरिक्ष में उड़ान  
इसलिए मेरा भारत महान  
भगत, सुखदेव ने दिए बलिदान  
हरे हरे खेत खलिहान  
ताजमहल को देख सब हैरान  
क्रिकेट में धोने, युवराज और पठान  
इसलिए मेरा भारत महान

सपना यादव, कक्षा – 4



## प्रकृति

क्यों करना है पेड़-पौधे को नष्ट  
पेड़ काटने से सांस लेने में होगा कष्ट  
पेड़-पौधे देते हैं हमें फल  
हर दिन, आज हो या कल  
फूल-पौधे से प्रकृति होती है हरी  
जिसके कारण जग लगती है प्यारी  
क्यों प्रदूषित करना है ये जल  
दिक्कत तो होगा ही, आज नहीं तो कल

मृणाल कुमार, कक्षा – 4

## ॥प्रकृति ॥

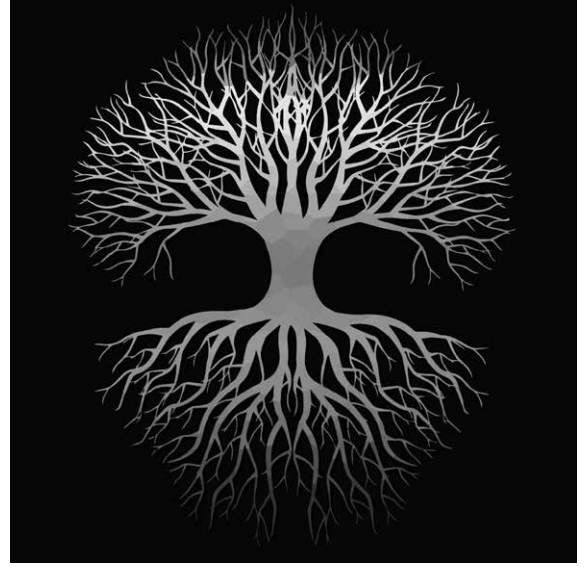
प्रकृति की सुंदरता का क्या कहना,  
एक अनोखा उपहार है देवों का।  
अनेक रूप है कुदरत के,  
कण कण में शोभा सौंदर्य भरा।  
पेड़ पौधे और फल कूल ये कंदमूल,  
पशु प्राणी है इसके कई रूप।  
आओ प्रकृति के आँगन में हम रूप निहारे इसका,  
इसके संग रहकर जीवन को आनंद करें।।  
सिद्धार्थ सोम कक्षा-8वीं

## पेड़

खड़े खड़े मुस्काते पेड़  
कहीं न आते जाते पेड़  
खिलना हमें सिखाते पेड़  
सुन्दर दृश्य दिखाते पेड़

कई तरह के फल उपजाते  
खुशबू वाले फूल खिलाते  
लेकिन थोड़ा सा झुक जाते हैं  
सज्जनता के नाते पेड़

अवानिशा आकाश सिंह, कक्षा – 4



## स्कूल की दुनिया

कुछ बातें भूली हुईं  
कुछ पल बीते हुए  
हर गलती का एक नया बहाना  
और फिर सबकी नज़र में आना

परीक्षा की पूरी रात जागना  
फिर भी सवाल देख सर थपाना  
हर पल एक नया सपना  
आप जो टूटे फिर फिर भी है अपना

वो स्कूल के दिन स्कूल के दिन  
याद करके इन पलों को फिर ज़िन्दगी  
भर मुस्कुराएंगे  
फिर भी हम अपने स्कूल के दिनों को भूल न पाएंगे

सूर्यांश सचदेवा, कक्षा – 4



## गुरु सेवा

गुरु हैं हमारे देवा  
हम सब करते उनकी सेवा

हम उन्हें मानते हैं वरदान  
वो हमें देते हैं ज्ञान का दान

क्या अच्छा क्या बुरा सिखाएं  
प्रकाश की राह हमें दिखाएँ

हिन्दी, गणित, अंग्रेजी और विज्ञान  
इन्हें पढ़ा कर वो हमें बनायें महान

गुरु हमें सब कुछ हैं देते  
फिर भी कुछ नहीं हमसे लेते

गुरु हैं हमारे देवा  
हम सब करते उनकी सेवा



नमन श्रीवास्तव, कक्षा - 4

## के. वि. मास्को मेरा महान

आयी हूँ मैं कोलकाता से  
पढ़ती हूँ मैं तीसरी में  
आरुशी मेरा नाम है  
पढ़ना मेरा काम है  
टीचर हमारे अच्छे हैं  
बातें बताते सच्चे हैं  
सब कुछ हमें बताते हैं  
गलती हो तो समझाते हैं  
अब हम भी मेहनत करते हैं  
पढ़ाई पर ध्यान देते हैं  
पढ़ाई से नहीं डरते हैं  
जी नहीं चुराते हैं  
विद्यालय हमारे अच्छा है  
शिक्षा का ये गुच्छा है



आरुशी सिंघी, कक्षा - 3

## ॥ वह दिन याद रहेगा सदा ॥

हमारी कक्षा का एक दिन का भ्रमण था। यह दिन मुझे हमेशा याद रहेगा क्योंकि इस दिन जो मुझे मिला वह शायद आजीवन अमूल्य बना रहेगा। आज हम सब साथी श्री मिखाइल सर के साथ फिल्ली पार्क में भ्रमण के लिए गए थे। वहाँ पहुँचते ही ह्यारी आँखें भौचक्की रह गई क्योंकि पार्क का मुख्य दरवाजा बहुत बड़ा सा था। जैसे ही हम आगे बढ़े वहाँ आइस्क्रीम की दुकानें थी। हम लोगों ने बहुत ही सुंदर अंदाज में एक दो फोटो खिंचवाई वहाँ पार्क में फव्वारे में पानी भरा तालाब सा था। हमारे सर श्री जगवीर सिंह जी ने हमें कहा कि यह बहुत सुंदर पार्क है आगे आगे इतने सुंदर दृश्य मिलेंगे कि आप फोटो ही खिंचवाते रहोगे। इस बात का हमें पूरा यकीन था इसलिए हम बहुत तेजी से आगे बढ़ने लगे। जैसे ही हम आगे आगे बढ़ रहे थे वैसे ही घने छाँव का साया हमारे सिर पर मड़राने लगा। घने वृक्षों के नीचे चलते हुए हम एक खुले स्थान पर आ गए अब यहाँ कभी धूप तो कभी छाँव का अहसास होने लगा। वहाँ पास में ही छोटी छोटी कारें थी जो हमें कल्पना में ले जा रही थी काश ! हम इतने छोटे होते तो इनमें सवारी करते। बगीचे में बहुत तरह के फूल बहुत ही सुंदर ढंग से उगा रखे थे जो यहाँ के लोगों की सुंदर सोच जैसे लग रहे थे। आगे बढ़ते गए तो देखा एक ओर खेलने का सुंदर मैदान है जहाँ कुछ बच्चों के लिए व्यवस्था कर रखी थी। हम सब बच्चे अब भूख महसूस करने लगे थे। हम सब अपने अपने साथ खाने पीने की चीजें लेकर आए थे इसलिए एक ने जब भूख कहा

तो सबने अपने अपने खाने का ध्यान आ गया चाहे किसी को भूख ना भी लगी हो सबने खाने का भरपूर मजा लिया। मैंने महसूस किया कि जंगल या पार्क में हम ज्यादा खाने की इच्छा रखते हैं। सभी ने एक दूसरे के खाने की चीजों का आनंद लिया। खाने के बाद कच्चे और तंग रास्तों से होते हुए ऊंची नीची जगह के हरेपन को दिल और दिमाग से निहारते जा रहे थे। हम सब एक दूसरे के आगे पीछे अदभुत आनंद को लेते हुए बातें करते जा रहे थे। मैं इस निर्जन जंगल में बहुत ऊंची आवाज लगाना चाहती थी। जब हम आगे ढलान से नीचे जाने लगे तो हमें लगा कि शायद हम सब एक दूसरे को धक्के मारते हुए गिर जायेंगे पर ऐसा नहीं हुआ। जब ढलान से नीचे आए तो वहाँ हम लोगों ने फुटबॉल और थ्रो बॉल खेलने में अपने आप को लगाया।

हममें से कुछ वृक्ष की छाया में आराम या थकान दूर करने के लिए बैठ या लेट से गए। आराम के बाद चलते चलते हम नदी के किनारे पहुँच गए जहाँ दूर दूर तक किनारे हरे भरे पेड़ों से खचा खच भरे थे। यह साफ सुथरा किनारा और हरियाली का नजारा मैं कभी नहीं भूल पाऊंगी। वहाँ हम लोगों ने खाना खाया कुछ लोगों ने गीत भी मन ही मन ही मन गुनगुनाया। वहाँ क्या हर जगह हमने बहुत फोटो करवाए। हम लोग मॉबाइल लेकर गए थे। मेरे सर लोगों के साथ यह बहुत ही मजेदार टूर था। सच में मुझे वह दिन याद रहेगा सदा ॥

रिया शर्मा, कक्षा-V

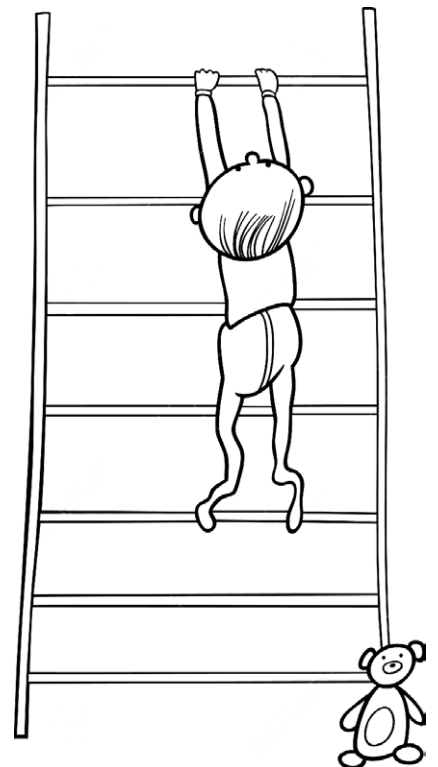
## दिल तो बच्चा है जी

आज कल सुरों में अब उसी का गीत है जी  
दिल को लागी किसी से प्रीत है जी  
ऐसी उलझी नज़र उनसे हटती नहीं  
दाँत सी रेशमी डोर कटती नहीं  
थोड़ा कच्चा है जी  
पर दिल तो बच्चा है जी

नहीं थी उनकी कोई गलती हम ही कुछ गलत समझ बैठे  
वी मोहब्बत से बात करते थे, हम मोहब्बत ही समझ बैठे  
ऐसी निगाहे उनकी की नज़रें हटती नहीं  
रात काटें कटती नहीं  
थोड़ा कच्चा है जी  
पर दिल तो बच्चा है जी

ऐसी उदासी है छाई, दिल डरता है हसने से  
इतने चेहरे है लोगों के, दिल डरता है फ़सने से  
डर लगता है खुद से कहने में जी  
दिल तो बच्चा है जी

सिमरन , IX





## ॥जीवन का सत्य॥

जीवन का सत्य  
मुझे आज भी याद है,  
लिफ्ट की वह शाम।  
हम सब एक साथ उस लिफ्ट में घुसे  
और घुसते ही रह गए फंसे,  
क्योंकि वह लिफ्ट हमें सह ही नहीं पाई।  
बहुत कोशिश के बाद तरकीब याद आई,  
सबको याद आए मित्र किसी को कोई भाई,  
बहुत देर मशक्कत की फिर जान आई,  
दरवाजा खोला तो लगा,  
हम सब जन्नत में आए हैं भाई।  
अब कोई भी पास न जाता चाहे जरूरी कितना काम ।  
मुझे आज भी याद है लिफ्ट की वह शाम ॥  
हम लोगों ने बहुत देर बाद इसका समझा राज,  
वही चीज मानव को वही सुहाती जो आ जाए काम ॥

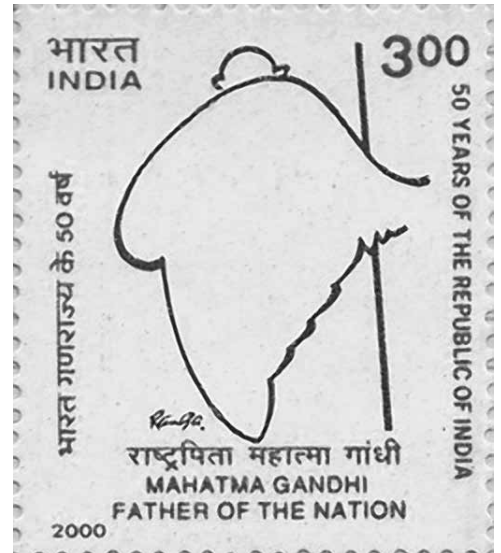
अभिनव शर्मा, कक्षा VII



## हमारे प्रिय गाँधी जी

गाँधी जी थे महान,  
अपने देश की आजादी के लिए उसने लगा दी जान,  
उन्होंने सिखाया हमको मिलजुलकर रहना,  
उन्होंने ही बताया स्वदेशी कपड़ा पहनना।  
उन्होंने सिखाया हमें सदा सत्य बोलना,  
वरना हो सकता है असत्य के लिए सब कुछ खोना।  
उन्होंने सब कुछ भुलाकर दूसरों का परोपकार किया,  
अंग्रेजों का अत्याचार सहकर अपने देश का सरोकार किया,  
हम गाँधी जी के बारे में पढ़कर भी हमलत काम करते,  
तभी हम आज भी उन्नत नहीं हो पाए,  
गाँधी के आभूषण थे अहिंसा, सत्य और धैर्य,  
इसलिए अंग्रेजों की जगह आज तिरंगा फहराया,  
हमें उनकी बातों का करना चाहिए पालन,  
तभी हम बन पायेंगे गाँधी जैसे उदाहरण।

प्रिशिता सिंह, VII

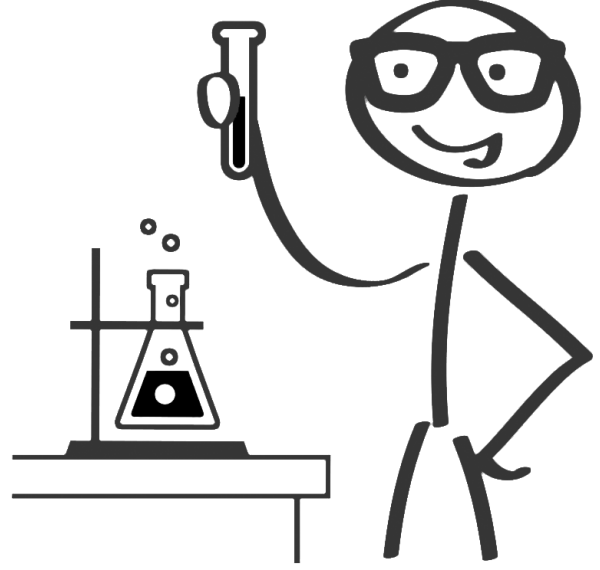


## ॥ अगर मैं वैज्ञानिक होता ॥

आज के जमाने को वैज्ञानिक युग कहा जाता है। इस युग में किसी व्यक्ति का वैज्ञानिक बनना वास्तव में बहुत गर्व की बात है। अतीत में भी हमारे देश ने बहुत सारे वैज्ञानिक पैदा किए हैं और इन्हीं वैज्ञानिकों की वजह से हमारा देश महान बन रहा है। विज्ञान के क्षेत्र में अक्विल नम्बर पर है। यदि मैं वैज्ञानिक होता तो नई- नई चीजें बनाने का प्रयास करता,

ताकि भारत का नाम विज्ञान के क्षेत्र में रोशन हो सके। मैं आर्याभट्ट जैसे बड़े वैज्ञानिक की परंपरा को आगे बढ़ाने का प्रयास करूँगा। मैं एक ऐसा आविष्कार करना चाहता हूँ जिससे हर एक नागरिक को लाभ हो उनका जीवन सुखमय हो सके। ऐसे आविष्कारों से मैं पूरी मानवता

की भलाई करना चाहता हूँ। मेरी एक अभिलाषा यह भी है कि एक दिन मेरे आविष्कारों की जानकारी समाचार पत्रों में प्रकाशित हो, मेरा भी चित्र हो। मेरे माता-पिता और साथियों के बीच मेरा कद बढ़ा हो सके। मैं अपने कर्मों से टी.वी.पर साक्षात्कार देने के लिए भी अपने आप को तैयार कर सकूँ। आदमी तभी बड़ा बनता है जब वह अपने साथियों,



समाज और देश को साथ लेकर चलता है। यह सारा सपना केवल तभी पूरा हो सकता है जब मैं वैज्ञानिक बनकर भारत माँ का नाम पूरे विश्व में कर सकूँ। तभी सच्चे अर्थों में मैं सच्चा भारतीय हो सकूँगा।

अर्णव कुमार कक्षा-7वीं

## ॥ बेटी बचाओ, बेटी पढ़ाओ ॥

बदल रहा ये देश ये दुनिया, उत्तम समाज हमारा हो।  
बात करे जो अनैतिक कोई, किसको यहाँ गवारा हो।  
बदल रहा ये देश ये दुनिया, उत्तम समाज हमारा हो।

जो सच है वो लेकर आया, उसने मुझे सारी रात जगाया।  
सिक्रे के दो पहलु होते, इस इंसान ने ऐसा सिखाया।  
समझेगा यह बात वही, जिसने वो वक्त निहारा है।  
बदल रहा ये देश ये दुनिया, उत्तम समाज हमारा हो।

बेटी को बचाने की खातिर, चलते अब आंदोलन हैं।  
लेकिन कोई क्या जाने, भीतर से उसका क्या मन है।  
बेटी का सम्मान सब चाहे, पर सोचो घर न हमारा हो।  
बदल रहा ये देश ये दुनिया, उत्तम समाज हमारा हो।

दहेज की आग में है जलती, देखो बेटी एक बाप की।  
फिर भी इनको कोई फर्क न पड़ता, नहीं गलानि पाप की।



बहुएँ चाहिए दौलत वाली, जो जमाई को सहारा हो।  
बदल रहा ये देश ये दुनिया, उत्तम समाज हमारा हो।

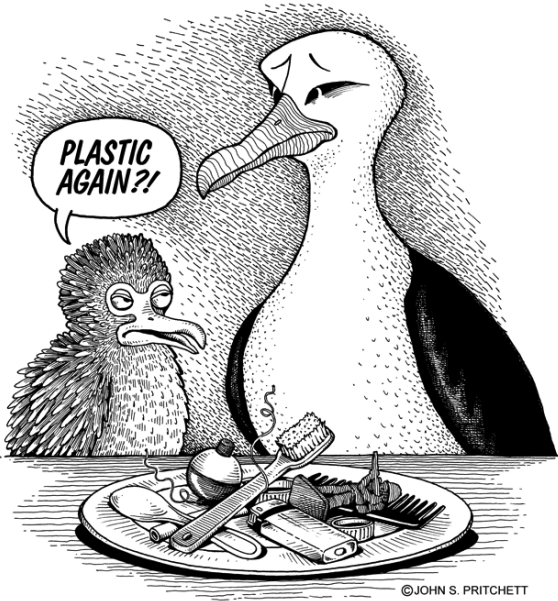
हम घूमें लेकर मोमबतियाँ, सड़कों और चौराहों पर।  
मैं पूछ रही महफूज क्यों नहीं, बेटी चलती राहों पर।  
मरी हुई जमीर जाग जा, तो बदले सभी नजारा हो।  
बदल रहा ये देश ये दुनिया, उत्तम समाज हमारा हो।  
बेटी है कोई बोझ नहीं है, इस बात को अब समझो यारो,  
बेटों से बढ़कर होती हैं, न कोख में अब इनको मारो।  
बिन पत्नी, बहन, बेटी, माँ क कैसे यहाँ गुजारा हो।  
बदल रहा ये देश ये दुनिया, उत्तम समाज हमारा हो।



## ॥ हमारा पर्यावरण ॥

व्यक्ति जिस आवरण में जीवन की कल्पना करता है उसे पर्यावरण कहते हैं। यही पर्यावरण हम सबके जीवन का सबसे बड़ा आधार होता है। आजकल इस पर्यावरण पर कई तरह के खतरे मंडरा रहे हैं। हमारी दिनचर्या से इसे काफी हानि हो रही है। आज हमें इसके खतरे को अपने जीवन का सबसे बड़ा खतरा मानना चाहिए। जल, वायु, हवा और भूमि प्रदूषण से

हमें अनेक रोग और बीमारियों का जंजाल मिल रहा है। हमें इन सभी चीजों की आवश्यक्ता पड़ती है तब जाकर हम स्वस्थ जीवन जी पाते हैं। आज भी हम इसके प्रति लापरवाही बरत रहे हैं। इसके कारण जलवायु में



निरंतर बदलाव आ रहा है। कभी भयंकर बाढ़, कभी तापमान का बढ़ना कभी वर्षा का निरंतर होना और कभी भयंकर अकाल की नौबत यही है हमारे पर्यावरण के बदलाव के चिंताजनक चिह्न। हमें प्लास्टिक का कम प्रयोग करना चाहिए। हमें अधिक से अधिक वृक्ष लगाने चाहिए। हमें प्रदूषण फैलाने वाले कारकों को रोकना चाहिए। जंगल और जमीन को बचाने का प्रयास विश्व की कई संस्थाएं कर रही हैं लेकिन हम सबकी यह जिम्मेदारी है कि हम अपने चारों तरफ के माहौल और पर्यावरण को सहज बनाएं।

बी. श्रीलक्ष्मी कक्षा-8वीं

## स्वच्छ भारत



भारत अपना देश है,  
उसकी स्वच्छता जीवन का उद्देश्य है

सारे आकर रहे इधर, ऐसा देश बनाना है  
भारत को स्वच्छ बनाना है,  
गंदगी का नामो निशान हटाना है।

गंगा को, यमुना को  
कृष्णा एवं कावेरी को  
इतना स्वच्छ बनाना है  
मोती-सा चमकाना है  
भारत को स्वच्छ बनाना है  
गंदगी का नामोनिशान मिटाना है।

प्रदूषण एवं प्रदूषण !  
प्रदूषण से तो हर एक भारतवासी परेशान है  
सड़क पे कचरा करके  
उनका ही नुकसान है  
इस नुकसान को घटाना है  
भारत को स्वच्छ बनाना है  
भारत को स्वच्छ बनाना है

बिमारी का जो पहाड़ है  
बढ़ता ही जा रहा है  
मलेरिया, चिकनगुनिया  
इनका जहर सबको खा रही है  
भारत से यह ज़हर घटाना है  
गंदगी का नामो निशान हटाना है।

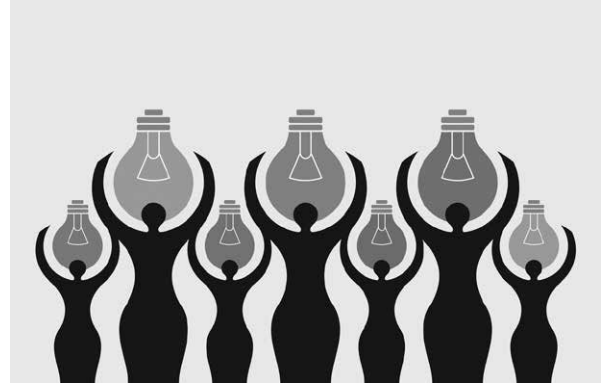
तो मित्रो आज हम यह प्रण लेंगे ; भारत को स्वच्छ बनाना है , गंदगी  
का नामोनिशान मिटाना है !!!  
जय हिन्द !!!

चारवी शर्मा VI

## ॥ नारी शक्ति ॥

नारी शक्ति वह शक्ति है जिसके आगे सृष्टि की बड़ी से भी बड़ी शक्ति हार मान जाती है। हमारे देश में बहुत सी ऐसी वीरांगणाएं हुई हैं जिन्होंने साबित करके दिखाया है कि नारी किसी से कम नहीं है। उन्हीं में से एक हुई हैं—झाँसी की रानी लक्ष्मीबाई जिसने रण भूमि में अकेले ही अंग्रेजों के छक्के छुड़ा दिए वीरगति को प्राप्त हो गई लेकिन हार नहीं मानी। आज नारी समाज के प्रत्येक क्षेत्र में हुनर दिखा रही है। वह एक शिक्षिका, डॉक्टर, इंजीनियर, वीरांगना, विमान चालक, और अंतरिक्ष यात्री, सैनिक आदि का रोल अदा बाखूबी निभा रही है। मगर आज समाज में नारी शक्ति को कोई भी पहचान नहीं पा रहा है या यूँ कहे कि उसका सही मायने में सम्मान नहीं हो पा रहा है। पता नहीं क्यूँ हम सब यह भूल जाते हैं कि हमें जन्म देने वाली तो केवक एक नारी ही है जब बेटी ही नहीं बचेगी तो बहु, बेटी, और बहन कहाँ से पा सकेंगे। नारी ही संसार है।

पहले नारी को दीन हीन मानते हुए केवल अबला कहा जाता था लेकिन आज नारी के बढ़ते हुए कदम ने उसे सबला बना दिया है। पहले नारी



पति, पिता और बेटों पर आश्रित सा जीवन जीती थी मगर आज जमाना बदल गया है। नारी लक्ष्मी और दुर्गा का अवतार बन गई है। कोई भी ऐसा क्षेत्र नहीं है जहाँ नारी ने अपने कदम न फैलाए हों। नारी तुम हो महा अवतारी॥

ऋतिका कुमारी कक्षा-VII



## Russian Section

### Зимнее утро

**Александр Пушкин**

Мороз и солнце; день чудесный!  
Еще ты дремлешь, друг прелестный —  
Пора, красавица, проснись:  
Открой сомкнуты негой взоры  
Навстречу северной Авроры,  
Звездою севера явись!

Вечор, ты помнишь, вьюга злилась,  
На мутном небе мгла носилась;  
Луна, как бледное пятно,  
Сквозь тучи мрачные желтела,  
И ты печальная сидела —  
А нынче... погляди в окно:

Под голубыми небесами  
Великолепными коврами,  
Блестя на солнце, снег лежит;  
Прозрачный лес один чернеет,  
И ель сквозь иней зеленеет,  
И речка подо льдом блестит.

Вся комната янтарным блеском  
Озарена. Веселым треском  
Трещит затопленная печь.  
Приятно думать у лежанки.  
Но знаешь: не велеть ли в санки  
Кобылку бурую запречь?

Скользя по утреннему снегу,  
Друг милый, предадимся бегу  
Нетерпеливого коня  
И навестим поля пустые,  
Леса, недавно столь густые,  
И берег, милый для меня.

Выбрано учеником  
Лав Рамнани, IX класса

### Судьба человека

Жила одна девочка, которая прошла через ад. Ей пришлось пережить столько, сколько ни один человек переживать не должен. Когда ей не было 1 года, она потеряла родителей при пожаре и её отправили в детдом. Там её ненавидели, обращались с ней, как с рабыней, плохо кормили (она ела только один кусочек хлеба и пила стакан воды или молока, если повезёт). Но она никогда не жаловалась, наоборот думала, что пусть лучше она страдает, чем кто-то другой. В школе над ней тоже все время издевались, друзей, которые могли бы защитить её,

у неё не было. Когда она выросла, у неё появился парень и лучшая подруга. Она была счастлива, что в её жизни все хорошо. Она была готова отдать за них жизнь, но так случилось, что её парень изменил ей с лучшей подругой. Если раньше у неё была вера в жизнь, то теперь она её потеряла и покончила жизнь самоубийством. Если бы у неё был хотя бы один человек, на которого она могла бы положиться, её судьба могла бы быть совершенно другой. Пожалуйста, берегите своих любимых и не предавайте никого!

Анита Гурурани: X Класс

## Чемпионат мира по футболу FIFA 2018 в России



В этом году чемпионат мира по футболу проходил в России. Более 32 команд представляли свои страны. Санкт-Петербург, Казань, Саранск, Нижний Новгород – некоторые из мест, где проводились матчи, но стартовые и финальные матчи проходили на стадионе «Лужники» в Москве. Многие талантливые футболисты боролись, чтобы гордиться своей страной. Болельщики со всего мира приехали в Россию, чтобы посмотреть кубок мира

и поддержать свою страну. Я следил за матчем между Германией и Мексикой с семьей. Я поддерживал Германию, но я надеялся, что Испания выиграет этот кубок мира. Выиграть кубок мира - это нелегкая работа, но со страстью и решимостью любой может выиграть трофей. Победила лучшая команда. В этот раз это оказалась команда Франции.

Уманга Амата, Класс IX

## French Section

# Mon voyage en France

Moi et ma famille nous sommes allés à Moscou en France en juin 2015 en avion. J'étais très excitée et je voulais y aller très vite. Quand nous avons atteint la France la famille est allée à la capitale Paris. Le premier jour de la nuit, nous avons vu la Tour Eiffel et acheté une petite tour d'eiffel et acheté un train avec notre nom. Le jour suivant nous sommes allés à Disney land où il y avait beaucoup de manèges et un Castle belle et ils montraient des films la nuit et l'après-midi la parade de la terre de Disney puis le jour suivant nous sommes allés voir la partie anthrène de la terre de Disney où il y avait les caractères et il y avait le plus dangereux roller Coster qui est entré en ce que j'avais très peur et ai voulu fuir de cet endroit mais je n'ai pas. La nuit nous sommes allés au Louvre. C'est très beau mais nous ne sommes pas allés à l'intérieur du Louvre. Le lendemain, nous sommes allés à la Notre-Dame, puis nous nous sommes assis au bus rouge il avait la partie ouverte et vers le bas partie fermée puis nous avons vu les rues, les hôtels et les bâtiments, puis nous sommes revenus à l'hôtel. Le jour prochain nous sommes



allés aux voitures de Ferrari alors nous nous sommes assis en ce qu'ils étaient très vite. Puis la famille est revenue à l'hôtel pour emballer la valise parce que notre vol était la nuit alors on a atteint l'aéroport alors nous sommes venus par avion à Moscou. C'était un bon voyage et nous avons pris beaucoup de photos.

Krish Karyani Class V





## La beauté de Mon voyage

Nous aimons voyager en famille. On prend l'avion parce que c'est un transport rapide.

Je commande nos billets d'avance. Nous admirons la beauté du nouveau pays. Nous visitons les curiosités historiques.

Les voyages étrangers offrent de la joie. À mon avis, il est utile de changer de place. Mes amies et moi, nous prenons les photos de la Tour Eiffel, Le Louvre etc.

Nous nous intégrons aux traditions du nouveau pays je suis sûre que le voyage en France m'aidera à apprendre mieux la langue française et à devenir une vraie francophone. En voyage je voudrais lire, communiquer en Français. La connaissance du français développe mon esprit et intelligence. Je rencontre de nouveaux amis grâce au français.

Mahati, Class-IX

## La révolution française

La société française était divisée en trois classes ou «domaines» - le clergé, la noblesse et les roturiers avant la «Révolution française». Le roi et la famille royale, avec le clergé et la noblesse, vivaient dans un grand luxe. Les marchands et les paysans en étaient mécontents.

La Révolution Française a commencé le 14 juillet 1789 dans la prison de Bastille (Pa-

ris) et terminé peu après. Le roi de France, Louis XVII et sa femme, Marie-Antoinette ont été arrêtés et exécutés. La monarchie a pris fin en France.

Cette Révolution a donné au monde les idéaux de L'égalité, de la Fraternité et de la Liberté.

Prishita Singh, Class 8



## Les nouvelles technologies au service de l'humanité

Les nouvelles technologies sont devenues populaires chez nous. Elle facilitent beaucoup notre vie quotidienne.

Chaque jour maman se sert de son four à micro-ondes pour réchauffer notre repas. À mon avis, c'est très confortable.

Moi, personnellement je me sers de mon ordinateur, de mon portable pour

étudier et communiquer avec mes amis.

Pour voyager, je prends souvent des avions. C'est un transport rapide .

Les ingénieurs construisent des sous-marins pour examiner l'océan. Les docteurs utilisent les rayons de laser en médecine.

Arnav Kumar Class 7

## Les contributions majeures de la langue française

La langue française a beaucoup contribué à notre monde. En termes de littérature, musique, pièces de théâtre, histoires, médecine, découvertes et inventions et bien d'autres choses. Laissez-nous comprendre ces contributions un peu attentivement –

1. La littérature française est très populaire. Beaucoup d'histoires et de poèmes français ont été transformés en plusieurs pièces de théâtre. Victor Hugo est une icône du mouvement littéraire romantique, célèbre pour les Misérables et Le Bossu de Notre-Dame entre autres. Alexandre Dumas père a écrit les trois mousquetaires et Jules Verne a créé la science-fiction.

2. La musique française reflète une variété de styles comme le classique, le folk, le romantique et la pop. Les célèbres chanteurs français incluent Edith Piaf, Zaz et Céline Dion.

3. Il y a beaucoup de découvertes et d'inventions importantes de la France comme –

- Le système de braille créé par Louis Braille.
- Louis Pasteur est un biologiste qui a découvert le vaccin contre la rage.
- En 1790 les français ont créé le système métrique.
- Marie Curie a découvert le radium et le polonium.

Avishi Das, Class VII

# Moments from Investiture Ceremony 2017



# Glimpses of Sports Day 2017



# A Glance at Annual Day 2017



# Cultural Exchange Programme 2017 with School No. 1561 & HSC Moscow



## Morning Assembly Activities



## Class Representatives



# Celebrations of Important Days

## World Aids Day



## Group Song



## Visit of Officers from Election Commission



## Gandhi Jayanti



## Students' Counseling





# Summer Bazaar 2017 & 2018



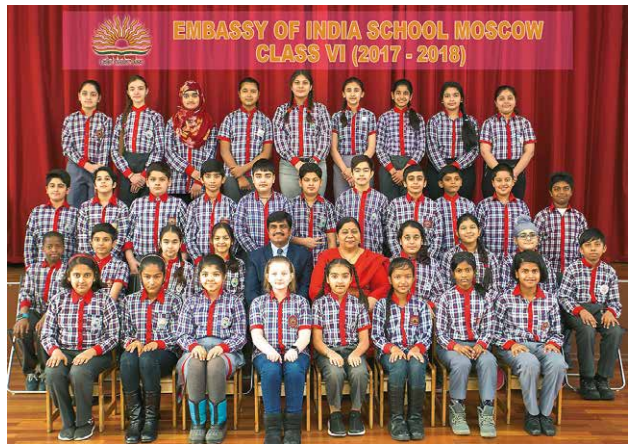
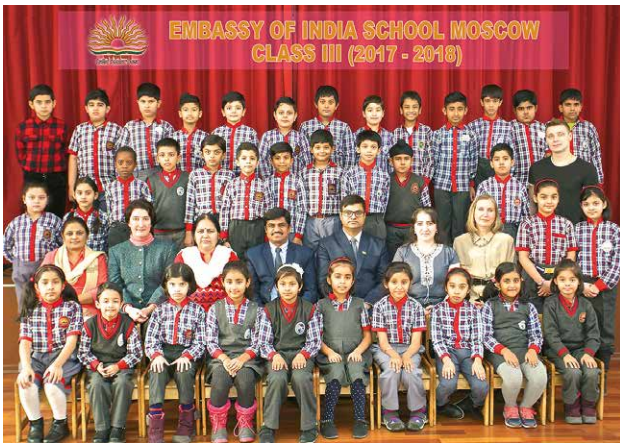
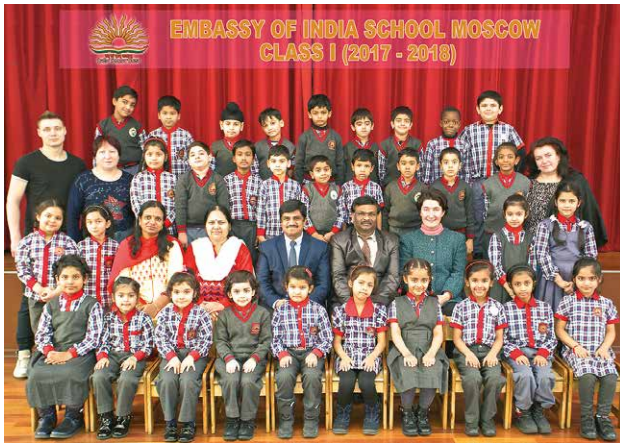
# Hindi Pakhwada



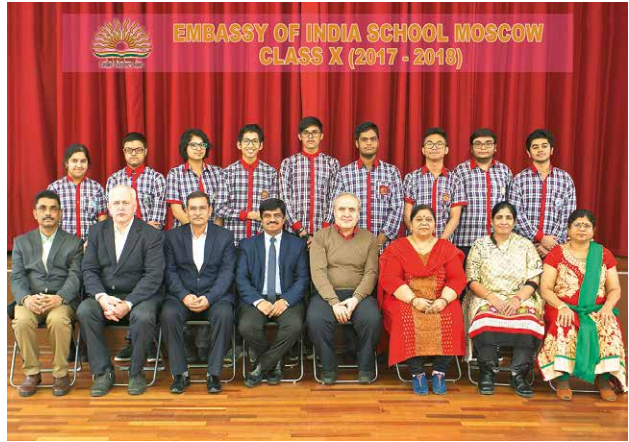
# Fruit Festival at a Glance



# Class Photos 1-12



## Class Photos 1-12



## Staff 2017-18



# School Council 2017



## School Activities: Participation at Embassy



## Republic day



## International Regional Language day



# Teacher Achievers for 2017-2018

## KVS Delhi Regional Award



**Mrs. Hemalatha, TGT  
(English)**



**Mr. Jagvir Singh, TGT  
(Social Science)**



**Mr. Kumar Vinayak,  
Primary Teacher**

## Children's Day celebration





## PM's teleconferencing



## Drawing and painting at EOI



## Farewell for class XII



## Yoga in school



## School Governing Body of Eol School, Moscow

### SMC MEMBERS

1	Chairman	<b>Mr. G. Balasubramanian</b>	Chairman, SMC & DCM
2	Member	<b>Mrs. Yojna Patel</b>	Minister (Political)
3	Member	<b>Mr. T J Suresh</b>	Head of Chancery
4	Member	<b>Mr. Sidhartha Shashni</b>	FS (Consular)
5	Technical Member	<b>Wg. Cdr. Pankaj Bajpai</b>	Dy. Air Attache
6	Member	<b>Mr. Sanjay Kumar</b>	Attache (Accounts)
7	Parent Member	<b>Mr. R.R. Sethy</b>	S.S. Admin
8	Doctor	<b>Dr. Hena Mohan</b>	Embassy Doctor
9	Teacher Representative	<b>Mrs. K Kalavathy</b>	PGT Chemistry
10	Member Secretary	<b>A. A. ISRAEL</b>	PRINCIPAL

## Students participating in Indian associations



## X'Mas celebration 2017





Catherine, Cl. V

Tanisha, Cl. VI



Vibhumat, Cl. V



Kanak, Cl. VI

MONIKA BHOMI IV



Oorhi, IV Diya, Cl. V

ISMAT CLASS I

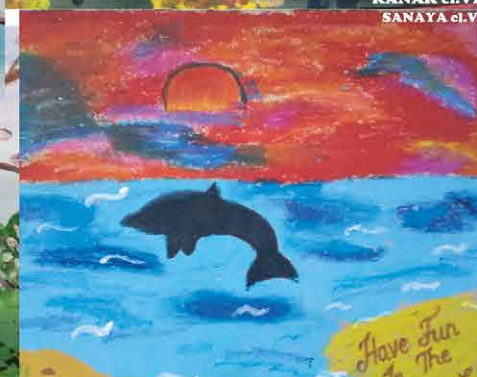
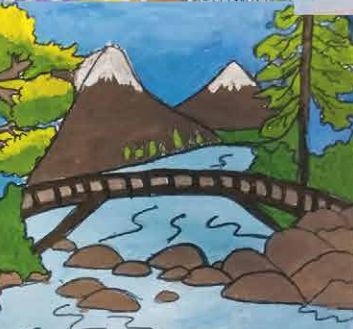
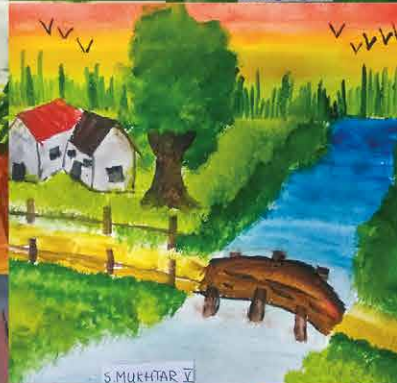
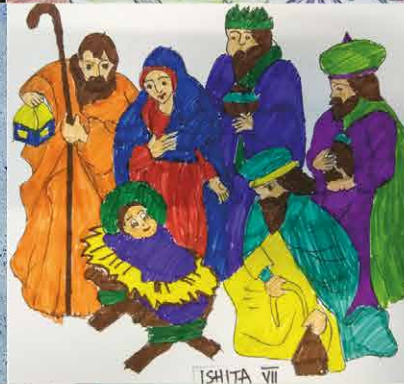


SHVI IV



AMISHA VIII





# Wings of Creativity

Have Fun The